

Education (English Medium) - FA Part 1 Education English Medium Chapter 7 Short Questions Test

Q1. Write three sources of data collection used in the individual counseling.

Ans 1: The asked sources are here:

1. Interview.
2. Questionnaire.
3. Cumulative record.

Q2. Describe two important aims of group counseling.

Ans 1: The asked aims are here:

1. To enable an individual to a successful and balanced life.
2. To remove the sense of insecurity and hidden solitariness in the individual's.

Q3. Define professional guidance.

Ans 1: Professional guidance refers to the process of help in deciding a profession for an individual keeping in view his/her abilities and aptitude in order to maximize the possibilities of success in the opted profession.

Q4. State two aims of psychological guidance.

Ans 1: Here are the important aims of psychological guidance:

1. Comprehensive planning of identifying and solving psychological problems of a person.
2. Taking up practical steps for balanced personality development.

Q5. Define eclectic counseling.

Ans 1: Eclectic counseling refers to the freedom of the counselor to use whatever procedures or techniques seem to be most appropriate to any particular situation or to any particular counselee.

Q6. State two important aims of social guidance.

Ans 1: Here are the important aims of social guidance:

1. To create harmony between the intersets of individual and society.
2. To explore the causes of social malaadjustment and find its solution.

Q7. Define directive counseling.

Ans 1: The directive counseling refers to the counseling strategy in which the counselor follows the directions of his/her counselor to solve the problem.

Q8. State three significant features for the process of guidance.

Ans 1: The asked features are the following:

1. It is concerned with the help of individual confronted with problems.
2. It aims at adjusting people with the environment.
3. It is concerned with the acquaintance that where an individual can go?

Q9. Define guidance ?

Ans 1: Guidance is a process of helping individual through his own efforts to discover and develop his potentialities for his personal happiness and social usefulness. Guidance is a process through which an individual or groups of individuals are helped to make necessary adjustments to the environment inside or outside the school.

Q10. Define psychological guidance.

Ans 1: Psychological guidance is a process in which a psychologist discovers the problems concerning with individuals, mind and behavior and thus suggests an appropriate solution so that he/she can secure internal and external agreeableness.
