

English - 5th Class English Chapter 6 Short Questions Test

Q1. why is junk food unhealthy? Discuss.

Ans 1: Junk food is unhealthy as it makes you lazy, obese and gives you a lot of problems related to the heart liver, eyes and brain.

Q2. Have you ever been ill? What did you do?

Ans 1: Yes once I was having pain in my belly and I told to my mother then she gave me medicine and I got well.

Q3. What do you eat to keep yourself healthy?

Ans 1: I eat bread, fruits and vegetables to keep myself healthy

Q4. Why is a good sleep important for good health?

Ans 1: Because it enables the body to repair be fit and ready for another day.

Q5. How do you keep yourself fit and healthy.

Ans 1: I keep myself clean, eat balanced diet and take exercise to keep myself fit and healthy.

Q6. Why should we take care of our personal hygiene?

Ans 1: We should take care of our personal hygiene to stay healthy.

Q7. Why did the school invite Dr. Haroon?

Ans 1: The school had invited Dr. Haroon to talk about personal hygiene matters and raise awareness about Covid-19

Q8. Do you think washing hands can keep us safe from germs.

Ans 1: Yes because germs get into our mouth through our hands.

Q9. Do you think personal hygiene is important.

Ans 1: Yes. person hygiene is important for a healthy life.

Q10. How can we keep yourselves safe from Covid-19?

Ans 1: We can keep ourselves safe from covid-19 by washing hand for 20 seconds wearing mask and eating healthy food.
