

English - 5th Class English Chapter 6 Short Questions Test

Q1. How do you spend your summer holidays? Mention some activities.

Ans 1: I do my home work, visit my relatives and spend my time with my family.

Q2. Why is a good sleep important for good health?

Ans 1: Because it enables the body to repair, be fit and ready for another day.

Q3. What do you keep yourself clean?

Ans 1: I clean my teeth, take bath and wear clean clothes on a daily basis to keep myself clean.

Q4. How do you keep yourself fit and healthy?

Ans 1: I keep myself clean, eat a balanced diet and take exercise to keep myself fit and healthy.

Q5. Do you think personal hygiene is important?

Ans 1: Yes, personal hygiene is important for a healthy life.

Q6. How can a germ make us ill?

Ans 1: Germs invade the body and kill our body cells. As a result, we become ill.

Q7. Have you ever been ill? What did you do?

Ans 1: Yes, once I was having pain in my belly and I told my mother, then she gave me medicine and I got well.

Q8. Why should we take care of our personal hygiene?

Ans 1: We should take care of our personal hygiene to stay healthy.

Q9. Why is junk food unhealthy? Discuss.

Ans 1: Junk food is unhealthy as it makes you lazy, obese and gives you a lot of problems related to the heart, liver, eyes and brain.

Q10. Why did the school invite Dr. Haroon?

Ans 1: The school had invited Dr. Haroon to talk about personal hygiene matters and raise awareness about Covid-19.
