



# THE MAN OF LIFE UPRIGHT (Poem)

## Student Learning Outcomes

**On the completion of this unit, the students will be able to:**

- answer the comprehension questions.
- paraphrase the stanzas.
- classify adjectives into different types and change and use degrees of adjective
- write summary of the poem.
- give personal response with justification.

## Pre-reading

- What are the characteristics of a good man?
- How can one face the challenges of the world with determination and zeal?
- What is the role of patience, wisdom and honesty in one's life?

The man of life upright  
Whose guiltless heart is free,  
From all dishonest deeds,  
Or thoughts of vanity:

That man needs neither towers  
Nor armour for defence,  
Nor secret vaults to fly  
From thunder's violence:

The man whose silent days  
In harmless joys are spent,  
Whom hopes cannot delude  
Nor sorrow discontent:

He only can behold  
With unaffrighted eyes  
The sorrows of the deep  
And terror of the skies:

Thus scorning all the cares  
That fate or fortune brings,  
He makes the heaven his book  
His wisdom heavenly things:

Good thoughts his only friends,  
His wealth a well-spent age,  
The earth his sober inn,  
And quiet pilgrimage.

By: Thomas Campion

## Reading and thinking skills:

### Comprehension

### Activity

Answer the following questions.

- i) Write the qualities of the man of life upright.
- ii) How can we spend a happy life?
- iii) How should we behave at the time of sorrows?
- iv) What is the importance of hope in one's life?
- v) How can good and sound character influence others?

### Critical thinking

- i) Give your personal response about the poem with justification.
- ii) Write main idea of the poem.

### Grammar

### Vocabulary

### Activity

Use the dictionary and find out the meanings of the given words.

#### Words

deeds

vanity

delude

discontent

armour

#### Meaning

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## Activity

Read the following sentences and write the “type of adjective” in the given spaces. First one is done for you.

Sentences		Adjective Used:
i)	He is an honest man	<u>Adjective of Quality</u>
ii)	I ate some rice.	_____
iii)	Most boys like cricket.	_____
iv)	Fetch me three or four flowers.	_____
v)	He sat in the third row.	_____
vi)	He likes Iranian carpets.	_____
vii)	These mangoes are sour.	_____
viii)	Dog is a faithful animal.	_____

## Degrees of Adjectives:

### Activity

Write the comparative and superlative degrees of the following adjectives.

Positive	Comparative degree	Superlative degree
clever	_____	_____
difficult	_____	_____
industrious	_____	_____
kind	_____	_____
courageous	_____	_____
young	_____	_____
confident	_____	_____
angry	_____	_____
fast	_____	_____
important	_____	_____

## Writing Skills

### Paraphrase the following stanza.

The man of life upright  
Whose guiltless heart is free,  
From all dishonest deeds,  
Or thoughts of vanity:

## Activity

**Write the summary of the poem, 'The man of life upright.'**

## Summary

[illegible]