

Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs
2	Tissues are joined together by a substance called	A. Matter B. Antimatter C. Matrix D. Antimatrix
3	How many cause of Scoliosis	A. 10 B. 11 C. 12 D. 13
4	Physical education builds	A. Anger B. Revenge C. Fear D. Cooperation
5	If all body parts are not properly aligned then it is	A. Good posture B. Bad posture C. Good physique D. Bad physique
6	The football match is started by a	A. Goal kick B. Penalty kick C. Corner kick D. Kick off
7	The blood contains these particles necessary for blood clotting	A. Platelets B. White blood cells C. Red blood cells D. Plasma
8	Prevention of diseases, hygiene, healthy eating habits are examples of	A. Basic health education B. Basic school education C. College education D. Secondary healthy education
9	A _____ person can have a longer life	A. Wealthy B. Political C. Healthy D. Strong
10	On the field each competitor is allowed _____ practice throws	A. One B. Five C. Three D. Two
11	The foot ball field is divided into _____ parts	A. Only one B. Two C. Three D. Four
12	The _____ remove disease causing germs from the blood	A. Platelets B. White blood cells C. Red blood cells D. Plasma
13	The width of the service zone is	A. 10m (33ft) B. 15m (50ft) C. 9m (30ft) D. 6m (20ft)
14	"In other for one to be healthy and fit one needs to be educated and in order to be properly educated one needs to be healthy and fit" said by	A. Delbert Oberteuffer B. Rider C. Willson grout D. John locke
15	How many causes of Lordosis	A. 12 B. 13 C. 14 D. 15

16	The competitor may leave the circle when	<p>A. The next competitor comes B. The discus has landed C. The discus is thrown D. The discus is brought back</p>
17	Who has said "A strong Muslim is better than a weak muslim	<p>A. Our Prophet B. Sahaba e karam C. Tabaine D. Oliya karam</p>
18	An average adult body contains _____ quarts of blood	<p>A. 5-6 B. 4-5 C. 6-7 D. 3-4</p>
19	Physical education is the _____ part of ordinary study?	<p>A. Irrelevant B. Compulsory C. Little bit D. Relevant</p>
20	This is not a first aid equipment	<p>A. Safety B. Knife C. Spoon D. Tweezers</p>