

## Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	The blood contains these particles necessary for blood clotting	A. Platelets B. White blood cells C. Red blood cells D. Plasma
2	Health and physical education works for betterment of	A. Humanity B. Economics C. Country D. Science
3	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical
4	Modern time characterizes	A. Labourious B. Technological C. happiness D. Spiritual
5	Exercise _____ personality of an individual	A. Reduces B. Alters C. Develops D. Maintain
6	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
7	Who has said "Surely your body and strength have right on you"	A. Hazrat Abdul Qadir Jilani B. Hazrat Ali (R.A) C. Our Prophet D. Quaid-e-Azam
8	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments
9	Physical education is a complete area of teaching. This is a process which improves bodily, mental, emotional and social aspects of a person. This is said by	A. Charles Butcher B. J.B. Nash C. John Dewey D. Mr. Sherman
10	A player is an ambassador of	A. Trade B. Government C. Peace D. Politics
11	Players is the ambassador of	A. Government B. Politics C. Peace D. Trade
12	How many lanes in track of relay race?	A. 8 B. 7 C. 6 D. 4
13	How many causes of measles	A. 4 B. 5 C. 6 D. 7
14	The discus must land	A. Outside the lines B. Within the edges C. Behind the lines

		D. Outside the edges
15	The measurement of each throw must be taken at	A. End of the match B. Beginning of the throw C. Immediately before throw D. Immediately after throw
16	When a person falls sick and recovers from that disease, the body will gain a	A. Acquired immunity B. Natural immunity C. Artificial immunity D. Double immunity
17	Who has said "A strong Muslim is better than a weak muslim	A. Our Prophet B. Sahaba e karam C. Tabaine D. Oliya karam
18	"In Lordosis forward and backward till of the pelvic organs appears. This faulty position is a frequent cause of low back pain due to strain in the lower back area" are called	A. Hollow back B. Scoliosis C. Kyphosis D. Flat feet
19	This is not an infection disease	A. Mumps B. Asthama C. Hydrophobia D. Trachoma
20	The width of the court is	A. 10 m B. 15 m C. 9 m D. 5 m