

Physical Education Fa Part 1 English Medium Online Test

| Sr | Questions | Answers Choice |
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| 1 | The competitor must start the throw within | A. 2 minutes B. 5 minutes C. 10 minutes D. 1 minute |
| 2 | Leisure time is better utilized in | A. Sleeping B. Exercising C. Eating D. Shopping |
| 3 | In the direction of the throw, the ground must be elevated | A. 20000 : 2 B. 200 : 2 C. 1000 : 1 D. 100 : 1 |
| 4 | A discus is _____ in shape | A. Square B. Round C. Oval D. Triangular |
| 5 | Length of foot ball ground for international matches | A. 90m (100 yard) B. 110m (120 yard) C. 120m (130 yard) D. 75m (80 yard) |
| 6 | The length of court is | A. 18 m B. 20 m C. 25 m D. 10 m |
| 7 | What is the size of football ball? | A. 69 - 71 cm B. 68 - 70 cm C. 67 - 69 cm D. 67 - 38 cm |
| 8 | If however only few persons have infection disease it is called | A. Sporadic way B. Pandemic way C. Endemic way D. Epidemic way |
| 9 | Physical education is a _____ part of the learning process | A. Not important B. Compulsory C. Normal D. Minimum |
| 10 | To start a difficult work we need to do | A. Warm up B. Warm down C. Sleep D. Nothing |
| 11 | In modern society crime attracts | A. Children B. Senior citizen C. Youth D. Educated people |
| 12 | Health education teaches principles and physical education enables to | A. Oppose them B. Understand them C. Learn them D. Practice them |
| 13 | Practising physical education improves | A. Habits B. Natural ability C. Envy D. Wishes |
| 14 | Gymnastics is a word of which language? | A. Latin B. Persian C. Greek D. Arabic |
| 15 | The width of the court is | A. 10 m B. 15 m C. 9 m D. 5 m |

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| 16 | A spiral fracture is one which causes a bone to form a _____ shape | A. S B. C C. U D. L |
| 17 | Modern man spending his life | A. Poverty life B. Unrealistic life C. Wisdom life D. Hardworking life |
| 18 | Man is following the teachings of physical education since from the | A. Beginning of Olympics B. Beginning of the world C. Beginning of his birth D. Beginning of the modern time |
| 19 | Which of the following is not an acute injury | A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture |
| 20 | Final activity for the lesson of gymnastics is | A. Warm up B. Resting C. Warm down D. Lateral exercise |
