

Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	How many cause of Scoliosis	A. 10 B. 11 C. 12 D. 13
2	How many causes of Lordosis	A. 12 B. 13 C. 14 D. 15
3	Similar defects of all posture are	A. Kyphosis B. Lordosis C. Schocliosis D. All of them
4	The discus must land	A. Outside the lines B. Within the edges C. Behind the lines D. Outside the edges
5	The order in which the competitors play is decided by	A. The organizers B. By competitors choice C. By drawing lots D. By spectators choice
6	The _____ is the basic structural and functional unit of all living organisms	A. Protein B. Nucleus C. Organelle D. Cell
7	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical
8	On the field each competitor is allowed _____ practice throws	A. One B. Five C. Three D. Two
9	The competitor will be shown a _____ flag before the last 15 seconds	A. Red B. White C. Yellow D. Green
10	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
11	Physical education is the _____ part of ordinary study?	A. Irrelevant B. Compulsory C. Little bit D. Relevant
12	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments
13	Last activities of gymnastics is	A. Warm down B. Rest C. Warm up D. Nothing
14	How many Causes of flat feet	A. 10 B. 11 C. 12 D. 13
15	Teaching of gymnastics rise in Europe in	A. 20th century B. 19th century C. 18th century D. 17th century

16	Physical education is ordinary education whose purpose is to maintain a person by	A. Physical activities B. Nerve activities C. Economical activities D. Political activities
17	What is shape of foot ball ground	A. Rectangular B. Square C. Circular D. Triangular
18	The width of the service zone is	A. 10m (33ft) B. 15m (50ft) C. 9m (30ft) D. 6m (20ft)
19	The blood contains these particles necessary for blood clotting	A. Platelets B. White blood cells C. Red blood cells D. Plasma
20	A discus is _____ in shape	A. Square B. Round C. Oval D. Triangular
