

Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	A way of life in which a person follows such activities which helps to build good muscular body, maintain nervous system and help to make a person good, said by	A. John Dewey B. Rossalard Cassidy C. J.B. Nash D. Charles Butcher
2	If an infections disease in spread in a part of a country, it is called	A. Sporadic B. Endemic C. Pandemic D. Epidemic
3	If however only few persons have infection disease it is called	A. Sporadic way B. Pandemic way C. Endemic way D. Epidemic way
4	Another name for scoliosis is	A. Flat foot B. Hollow back C. Round back D. Uneven shoulder
5	The first phase of cell division is	A. Pro phase B. Ana phase C. Meta phase D. Telo phase
6	While walking if the weight of the body is evenly distributed between two feet then this is	A. Good posture B. Jogging C. Running D. Bad posture
7	A tetnus infection can be caused by	A. Food B. Air C. Wounds D. Contact
8	Physical education makes _____ between nerves and muscles	A. Davison B. Relation C. Problems D. Nothing
9	Exercise _____ personality of an individual	A. Reduces B. Alters C. Develops D. Maintain
10	In this modern era how does man spend his time	A. In physical struggle B. In sedentary C. In poverty D. intelligently
11	The competitor may leave the circle when	A. The next competitor comes B. The discus has landed C. The discus is thrown D. The discus is brought back
12	How many causes of chicken pox	A. 2 B. 3 C. 4 D. 5
13	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken
14	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture
15	First aid provide immediate _____ to patient	A. Treatment B. Medicine C. Advice D. Relief

16	The "C" in rices stand for	A. Compassion B. Compound C. Composite D. Compression
17	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
18	Exercising is important for	A. Children B. Senior citizens C. Every one D. Youth
19	The area in which volley ball is played is called	A. Field B. Court C. Pitch D. Ground
20	The competitor will be shown a _____ flag before the last 15 seconds	A. Red B. White C. Yellow D. Green
