

## Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	"The scope and area of Health education is only to protect and maintain to health of persons accordingly physically, mentally and emotionally" are said by	A. Rider B. Delbert Oberteuffer C. Thomas wood D. Willson Grout
2	Gymnastics is also called as	A. Father of all sports B. Mother of all sports C. Child of all sports D. Science of all sports
3	Physical education creates _____ between mind and body	A. Weakness B. Separation C. Distinction D. Coordination
4	What is heath?	A. Heath is also known as well being and discuses full life B. When body organs are working in a good way C. A heath person is free from daily tensions D. All of them
5	Physical education is the branch of study which deals with the muscles and their movements. Said by	A. J.B. Nash B. Charles Butcher C. John Dewey D. Rosaland Cassidy
6	Health and physical education works for betterment of	A. Humanity B. Economics C. Country D. Science
7	"Physical education is the most complete/important part of the study it is a study whose purpose is to make a person's body, mind healthy by the help of physical activities" said by	A. Charles Butcher B. J.B Nash C. Rosaland Cassidy D. John Dewey
8	The area in which volley ball is played is called	A. Field B. Court C. Pitch D. Ground
9	How many causes of Lordosis	A. 12 B. 13 C. 14 D. 15
10	Gymnastics is a word of which language?	A. Latin B. Persian C. Greek D. Arabic
11	Similar defects of all posture are	A. Kyphosis B. Lordosis C. Schocliosis D. All of them
12	How many causes of chicken pox	A. 2 B. 3 C. 4 D. 5
13	Another name for scoliosis is	A. Flat foot B. Hollow back C. Round back D. Uneven shoulder
14	If a disease is wide spread throughout many countries of the world is is called	A. Epidemic B. Pandemic way C. Endemic way D. Sporadic way
		A. Rider

15	"Health not only teaches about health and fitness but also how to maintain a healthy life style" are said by	B. Delbert C. Willson D. John Locke
16	Physical education is the _____ part of ordinary study?	A. Irrelevant B. Compulsory C. Little bit D. Relevant
17	The "C" in rices stand for	A. Compassion B. Compound C. Composite D. Compression
18	The heart consists of _____ chambers	A. Three B. Two C. Five D. Four
19	The _____ is the basic structural and functional unit of all living organisms	A. Protein B. Nucleus C. Organelle D. Cell
20	Physical education is used to _____ constructive habits	A. Decrease B. Develop C. Maintain D. Provide