

Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	"The scope and area of Health education is only to protect and maintain to health of persons accordingly physically, mentally and emotionally" are said by	A. Rider B. Delbert Oberteuffer C. Thomas wood D. Willson Grout
2	The discus used in the match is	A. Competitor's B. Coach's C. Organizer's D. Other competitor's
3	In modern society crime attracts	A. Children B. Senior citizen C. Youth D. Educated people
4	How many classification of health education?	A. 2 B. 3 C. 4 D. 5
5	The area in which volley ball is played is called	A. Field B. Court C. Pitch D. Ground
6	Similar defects of all posture are	A. Kyphosis B. Lordosis C. Schocliosis D. All of them
7	How many causes of small pox	A. 4 B. 5 C. 6 D. 7
8	Who has said "A strong Muslim is better than a weak muslim	A. Our Prophet B. Sahaba e karam C. Tabaine D. Oliya karam
9	An example of involuntary movements is	A. Heart beat B. Walking C. Bending D. Jumping
10	Health education teaches principles and physical education enables to	A. Oppose them B. Understand them C. Learn them D. Practice them
11	Exercising is important for	A. Children B. Senior citizens C. Every one D. Youth
12	Physical education is considered both as science and	A. Profession B. Career C. Politics D. Art
13	The process by which air is moved in and out of lungs is called	A. Inhaling B. Respiration C. Breathing D. Expiration

14	Prevention of diseases, hygiene, healthy eating habits are examples of	A. Basic health education B. Basic school education C. College education D. Secondary healthy education
15	A way of life in which a person follows such activities which helps to build good muscular body, maintain nervous system and help to make a person good, said by	A. John Dewey B. Rossalind Cassidy C. J.B. Nash D. Charles Butcher
16	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture
17	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical
18	Physical education is the _____ part of ordinary study?	A. Irrelevant B. Compulsory C. Little bit D. Relevant
19	The line which divides the court in two equal parts is called	A. Middle line B. Side line C. Half line D. Center line
20	If a person has _____, He/She does not appear to have confidence and alertness	A. Disease B. Weakness C. Bad posture D. Defecitve hearing/vision