

Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	Causes of schocliosis are	A. Decline with defected shoulder B. Swimming with breast stroke style C. Balanced food D. All of them
2	Physical education makes _____ between nerves and muscles	A. Davison B. Relation C. Problems D. Nothing
3	"In other for one to be healthy and fit one needs to be educated and in order to be properly educated one needs to be healthy and fit" said by	A. Delbert Oberteuffer B. Rider C. Willson grout D. John locke
4	The competitor will be shown a _____ flag before the last 15 seconds	A. Red B. White C. Yellow D. Green
5	Leisure time is better utilized in	A. Sleeping B. Exercising C. Eating D. Shopping
6	How many causes of chicken pox	A. 2 B. 3 C. 4 D. 5
7	Modern man spending his life	A. Poverty life B. Unrealistic life C. Wisdom life D. Hardworking life
8	A tetnus infection can be caused by	A. Food B. Air C. Wounds D. Contact
9	The football match is started by a	A. Goal kick B. Penalty kick C. Corner kick D. Kick off
10	Hard tissue injuries are those which affect the	A. Skin B. Muscle C. Bone D. Tissue
11	Another name for kyphosis is	A. Flat foot B. Hollow back C. Round back D. Uneven shoulder
12	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L
13	Physical exercises are an important _____ in Islam	A. Part B. Art C. Option D. Science
14	The competitors are given 3 attempts when there are competitors	A. Less than 8 B. Less than 6 C. More than 8 D. More than 6
15	"The scope and area of Health education is only to protect and maintain to health of persons accordingly physically, mentally and emotionally" are said by	A. Rider B. Delbert Oberteuffer C. Thomas wood D. Willson Grout

16	The heart consists of _____ chambers	A. Three B. Two C. Five D. Four
17	Tissues are joined together by a substance called	A. Matter B. Antimatter C. Matrix D. Antimatrix
18	How many causes of Kyphosis	A. 13 B. 14 C. 15 D. 16
19	While walking if the weight of the body is evenly distributed between two feet then this is	A. Good posture B. Jogging C. Running D. Bad posture
20	The line which divides the court in two equal parts is called	A. Middle line B. Side line C. Half line D. Center line
