

## Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	The blood contains these particles necessary for blood clotting	A. Platelets B. White blood cells C. Red blood cells D. Plasma
2	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
3	Physical education is ordinary education whose purpose is to maintain a person by	A. Physical activities B. Nerve activities C. Economical activities D. Political activities
4	The order in which the competitors play is decided by	A. The organizers B. By competitors choice C. By drawing lots D. By spectators choice
5	The method of cell division in which chromosomes are not formed is	A. Mitosis B. Zytosis C. Amitosis D. Metosis
6	Similar defects of all posture are	A. Kyphosis B. Lordosis C. Scoliosis D. All of them
7	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
8	The first phase of cell division is	A. Pro phase B. Ana phase C. Meta phase D. Telo phase
9	Blood coagulation is a process in which _____ is formed	A. Serum B. Platelets C. Fibrin D. Electrolytes
10	Physical education is used to _____ constructive habits	A. Decrease B. Develop C. Maintain D. Provide
11	The area in which volley ball is played is called	A. Field B. Court C. Pitch D. Ground
12	The number of linemen in a foot ball match is	A. 1 B. 4 C. 2 D. 3
13	Modern man is working hard to get	A. Good economical life B. Home C. Education D. Good social life
14	Practising physical education improves	A. Habits B. Natural ability C. Envy D. Wishes
15	The centre of the discus should be _____ than the rim	A. Thicker B. Equal C. Thinner D. Hollow

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16	The competitor will be shown a _____ flag before the last 15 seconds	A. Red B. White C. Yellow D. Green
17	The foot ball field is divided into _____ parts	A. Only one B. Two C. Three D. Four
18	The measurement of each throw must be taken at	A. End of the match B. Beginning of the throw C. Immediately before throw D. Immediately after throw
19	Physical education is the result of those changings which can be seen in a person after physical movements, "said by	A. Charles Butchers B. John Dewey C. Rossaland Cassidy D. J.B Nash
20	"In Lordosis forward and backward till of the pelvic organs appears. This faulty position is a frequent cause of low back pain due to strain in the lower back area" are called	A. Hollow back B. Scoliosis C. Kyphosis D. Flat feet

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