

## Physical Education Fa Part 1 English Medium Chapter 9 Online Test

Sr	Questions	Answers Choice
1	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments
2	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture
3	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
4	A depressed fracture is common in	A. Knee B. Foot C. Arm D. Skull
5	This is not a first aid medicine	A. Talcum powder B. Iodex C. Throat lotion D. Common salt
6	The use of medication for muscle injury is a _____ treatment	A. Primary B. Optional C. Secondary D. Alternative
7	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
8	First aid provide immediate _____ to patient	A. Treatment B. Medicine C. Advice D. Relief
9	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L
10	Hard tissue injuries are those which affect the	A. Skin B. Muscle C. Bone D. Tissue
11	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
12	One of the most common injury is	A. Muscle pull B. Fracture C. Heat cramps D. Tendon damage
13	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
14	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken
15	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture

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16	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs
17	The "C" in rices stand for	A. Compassion B. Compound C. Composite D. Compression

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