

## Physical Education Fa Part 1 English Medium Chapter 9 Online Test

Sr	Questions	Answers Choice
1	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
2	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken
3	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
4	The "C" in rices stand for	A. Compassion B. Compound C. Composite D. Compression
5	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
6	One of the most common injury is	A. Muscle pull B. Fracture C. Heat cramps D. Tendon damage
7	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture
8	A depressed fracture is common in	A. Knee B. Foot C. Arm D. Skull
9	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs
10	First aid provide immediate to patient	A. Treatment B. Medicine C. Advice D. Relief
11	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments
12	This is not a first aid medicine	A. Talcum powder B. lodex C. Throat lotion D. Common salt
13	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
14	A spiral fracture is one which causes a bone to form a shape	A. S B. C C. U D. L
15	Hard tissue injuries are those which affect the	A. Skin B. Muscle C. Bone D. Tissue

6	The use of medication for muscle injury is a treatment	A. Primary B. Optional C. Secondary D. Alterative
17	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture