

Physical Education Fa Part 1 English Medium Chapter 9 Online Test

Sr	Questions	Answers Choice
1	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
2	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments
3	This is not a first aid medicine	A. Talcum powder B. Iodex C. Throat lotion D. Common salt
4	The "C" in RICE stand for	A. Compassion B. Compound C. Composite D. Compression
5	Hard tissue injuries are those which affect the	A. Skin B. Muscle C. Bone D. Tissue
6	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
7	A depressed fracture is common in	A. Knee B. Foot C. Arm D. Skull
8	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture
9	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture
10	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs
11	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken
12	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L
13	The use of medication for muscle injury is a _____ treatment	A. Primary B. Optional C. Secondary D. Alternative
14	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
15	First aid provide immediate _____ to patient	A. Treatment B. Medicine C. Advice D. Relief

16	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
17	One of the most common injury is	A. Muscle pull B. Fracture C. Heat cramps D. Tendon damage
