

Physical Education Fa Part 1 English Medium Chapter 9 Online Test

Sr	Questions	Answers Choice
1	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
2	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
3	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs
4	This is not a first aid medicine	A. Talcum powder B. Iodex C. Throat lotion D. Common salt
5	A depressed fracture is common in	A. Knee B. Foot C. Arm D. Skull
6	One of the most common injury is	A. Muscle pull B. Fracture C. Heat cramps D. Tendon damage
7	Hard tissue injuries are those which affect the	A. Skin B. Muscle C. Bone D. Tissue
8	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
9	First aid provide immediate _____ to patient	A. Treatment B. Medicine C. Advice D. Relief
10	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L
11	The "C" in RICE stand for	A. Compassion B. Compound C. Composite D. Compression
12	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture
13	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments
14	The use of medication for muscle injury is a _____ treatment	A. Primary B. Optional C. Secondary D. Alternative
15	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports

16 A partial fracture common in children is called

- A. Impacted fracture
 - B. Serrated fracture
 - C. Green stick fracture
 - D. Oblique fracture
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17 A simple / closed fracture is when a bone is

- A. Damaged but not broken
 - B. Broken in two
 - C. Broken in many pieces
 - D. Not broken
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