

Physical Education Fa Part 1 English Medium Chapter 5 Online Test

Sr	Questions	Answers Choice
1	The competitor will be shown a _____ flag before the last 15 seconds	A. Red B. White C. Yellow D. Green
2	If a competitor feels that a throw was wrongly given invalid, He/She can protest to	A. The spectators B. The referee C. The organizer D. The coach
3	The competitor may leave the circle when	A. The next competitor comes B. The discus has landed C. The discus is thrown D. The discus is brought back
4	The competitors are given 3 attempts when there are competitors	A. Less than 8 B. Less than 6 C. More than 8 D. More than 6
5	The discus used in the match is	A. Competitor's B. Coach's C. Organizer's D. Other competitor's
6	The order in which the competitors play is decided by	A. The organizers B. By competitors choice C. By drawing lots D. By spectators choice
7	The competitors are given 6 attempts each when there are competitors	A. 8 or less B. 6 or less C. 10 or less D. 12 or less
8	The competitor must start the throw within	A. 2 minutes B. 5 minutes C. 10 minutes D. 1 minute
9	On the field each competitor is allowed _____ practice throws	A. One B. Five C. Three D. Two
10	A competitor can throw a discus _____ at a time	A. Once B. Twice C. Thrice D. Many times
11	The centre of the discus should be _____ than the rim	A. Thicker B. Equal C. Thinner D. Hollow
12	What is the track of Relay Race?	A. 4 x 100 B. 5 x 100 C. 6 x 100 D. 7 x 100
13	The measurement of each throw must be taken at	A. End of the match B. Beginning of the throw C. Immediately before throw D. Immediately after throw
14	A discus is _____ in shape	A. Square B. Round C. Oval D. Triangular
15	In the direction of the throw, the ground must be elevated	A. 20000 : 2 B. 200 : 2 C. 1000 : 1 D. 100 : 1

16 How many lanes in track of relay race?

- A. 8
- B. 7
- C. 6
- D. 4

17 The discus must land

- A. Outside the lines
 - B. Within the edges
 - C. Behind the lines
 - D. Outside the edges
-