

Physical Education Fa Part 1 English Medium Chapter 1 Online Test

Sr	Questions	Answers Choice
1	Physical education is a _____ part of the learning process	A. Not important B. Compulsory C. Normal D. Minimum
2	Exercising is important for	A. Children B. Senior citizens C. Every one D. Youth
3	The word physical is used to describe	A. Physics of a body B. Chemistry of a body C. Weight of a body D. Movement of a body
4	A player is an ambassador of	A. Trade B. Government C. Peace D. Politics
5	Physical education is used to _____ constructive habits	A. Decrease B. Develop C. Maintain D. Provide
6	Physical education is a complete area of teaching. This is a process which improves bodily, mental, emotional and social aspects of a person. This is said by	A. Charles Butcher B. J.B. Nash C. John Dewey D. Mr. Sherman
7	Physical education builds	A. Anger B. Revenge C. Fear D. Cooperation
8	Physical education creates _____ between mind and body	A. Weakness B. Separation C. Distinction D. Coordination
9	In this modern era how does man spend his time	A. In physical struggle B. In sedentary C. In poverty D. intelligently
10	The statement "Physical education is related to muscular exercises and its effects" is said by which expert	A. J.B. Nash B. Charles Butcher C. John Dewey D. Rosaland Cassidy
11	Practising physical education improves	A. Habits B. Natural ability C. Envy D. Wishes
12	Who has said "A strong Muslim is better than a weak muslim	A. Our Prophet B. Sahaba e karam C. Tabaine D. Oliya karam
13	In modern society crime attracts	A. Children B. Senior citizen C. Youth

D. Educated people

14 Physical education is considered both as science and

- A. Profession
- B. Career
- C. Politics
- D. Art

15 The aim of physical education is to improve the physique by activities

- A. Political
- B. Economic
- C. Psychological
- D. Physical

16 Modern time characterizes

- A. Labourious
- B. Technological
- C. happiness
- D. Spiritual

17 Man has been utilizing physical education since

- A. The first Olympics
- B. Early modern era
- C. Birth
- D. The youth