

Physical Education Fa Part 1 English Medium Chapter 1 Online Test

Sr	Questions	Answers Choice
1	Modern time characterizes	A. Labourious B. Technological C. happiness D. Spiritual
2	A player is an ambassador of	A. Trade B. Government C. Peace D. Politics
3	Physical education builds	A. Anger B. Revenge C. Fear D. Cooperation
4	Physical education is used to _____ constructive habits	A. Decrease B. Develop C. Maintain D. Provide
5	In this modern era how does man spend his time	A. In physical struggle B. In sedentary C. In poverty D. intelligently
6	In modern society crime attracts	A. Children B. Senior citizen C. Youth D. Educated people
7	Physical education is a complete area of teaching. This is a process which improves bodily, mental, emotional and social aspects of a person. This is said by	A. Charles Butcher B. J.B. Nash C. John Dewey D. Mr. Sherman
8	The statement "Physical education is related to muscular exercises and its effects" is said by which expert	A. J.B. Nash B. Charles Butcher C. John Dewey D. Rosaland Cassidy
9	Physical education creates _____ between mind and body	A. Weakness B. Separation C. Distinction D. Coordination
10	The word physical is used to describe	A. Physics of a body B. Chemistry of a body C. Weight of a body D. Movement of a body
11	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical
12	Who has said "A strong Muslim is better than a weak muslim	A. Our Prophet B. Sahaba e karam C. Tabaine D. Oliya karam
13	Physical education is considered both as science and	A. Profession B. Career C. Politics D. Art

14	Physical education is a _____ part of the learning process	A. Not important B. Compulsory C. Normal D. Minimum
15	Man has been utilizing physical education since	A. The first Olympics B. Early modern era C. Birth D. The youth
16	Exercising is important for	A. Children B. Senior citizens C. Every one D. Youth
17	Practising physical education improves	A. Habits B. Natural ability C. Envy D. Wishes