

## Human Health

Sr	Questions	Answers Choice
1	Deficiency of this vitamin leads to deficiency of blood	A. B1 B. B2 C. B6 D. B12
2	The deficiency of vitamin D causes	A. Scurvy&nbsp;nbsp; B. T.B C. Rickets&nbsp;nbsp; D. Anemia&nbsp;nbsp;
3	The disease which is caused in children due to vitamin D deficiency is.	A. Scurvy B. T.B C. Rickets D. Anaemia
4	it contains all the necessary nutrients of food	A. Milk&nbsp;nbsp; B. Fruits C. Wheat&nbsp;nbsp; D. Rice
5	The amount of envery gained from one gram of fats is.	A. 9.3 K cal B. 18 Kcal C. 27 Kcal D. 36 Kcal
6	_____ gland is also known as Master gland.	A. Thyroid gland B. Pituitary gland C. Adrenal gland D. Gonads
7	The building blocks of protein	A. Fatty acid B. Antibodies C. Enzymes D. Amino acids
8	The hormone whihc controls invountary action of body is	A. Thyroxin B. Epinephrine C. Adrenal D. Insulin
9	one gram of fast gives energy	A. 9 kcal&nbsp;nbsp; B. 18 kcal&nbsp;nbsp; C. 27 kcal&nbsp;nbsp; D. 39 kcal&nbsp;nbsp;
10	Deficiency of iodine causes	A. goiter&nbsp;nbsp; B. night blindness&nbsp;nbsp; C. malaria&nbsp;nbsp; D. cough&nbsp;nbsp;
11	The deficiency of iodine cause thyroid to increase in size than normal and result..... disease.	A. Tetanus B. Plauge C. Goiter D. Heart Disease
12	The disease caused by deficiency of iodine is.	A. Night blind B. Cough C. Goiter D. Malaria
13	The compound which is required in very small amonut is.	A. Carbohydrate B. Protein C. Fats D. Vitamins
14	All the proteins are madw up of..... differnet types of amino acids.	A. Twenty B. <sub>Thirty</sub> C. Forty D. Sixty
15	Testes are responsible for the development of male sex while. responsible for the development for female sex.	A. Pancreas B. Ovary C. Gonads D. Adrenal gland

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16	Deficiency of .....slows down the blood clotting mechanism.	A. Vitamin A B. Vitamin D C. Vitamin E D. Vitamin K
17	The primary sex organs are called	A. Tissues&nbsp;nbsp; B. Testes&nbsp;nbsp; C. ovaries&nbsp;nbsp; D. Gonads&nbsp;nbsp;
18	_____ acts as a lubricant in the joints and other internal body organs.	A. Minerals B. Salts C. Water D. Food
19	_____ are formed by the chemical combination of fatty acid with glycerol	A. Carbohydrates B. Lipids C. Proteins D. Glucose
20	It gives resistance against diseases	A. Hormones B. Vitamins C. Fast D. Antibodies

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