

Human Health

Sr	Questions	Answers Choice
1	The compound which is required in very small amount is.	A. Carbohydrate B. Protein C. Fats D. Vitamins
2	one gram of fat gives energy	A. 9 kcal B. 18 kcal C. 27 kcal D. 39 kcal
3	All the proteins are made up of..... different types of amino acids.	A. Twenty B. Thirty C. Forty D. Sixty
4	The primary and cheapest source of energy for the cell:	A. Proteins B. Carbohydrates C. Vitamins D. Fat
5	Deficiency of slows down the blood clotting mechanism.	A. Vitamin A B. Vitamin D C. Vitamin E D. Vitamin K
6	Deficiency of iodine causes	A. goiter B. night blindness C. malaria D. cough
7	The deficiency of iodine causes thyroid to increase in size than normal and result..... disease.	A. Tetanus B. Plague C. Goiter D. Heart Disease
8	_____ are formed by the chemical combination of fatty acid with glycerol	A. Carbohydrates B. Lipids C. Proteins D. Glucose
9	The deficiency of vitamin D causes	A. Scurvy B. T.B C. Rickets D. Anemia
10	The disease caused by deficiency of iodine is.	A. Night blind B. Cough C. Goiter D. Malaria
11	The building blocks of protein	A. Fatty acid B. Antibodies C. Enzymes D. Amino acids
12	The unit of food energy	A. Joule B. Newton meter C. Diopter D. calorie
13	Testes are responsible for the development of male sex while. responsible for the development for female sex.	A. Pancreas B. Ovary C. Gonads D. Adrenal gland
14	The hormone which controls involuntary action of body is	A. Thyroxine B. Epinephrine C. Adrenal D. Insulin
15	Insulin is secreted from this gland	A. Adrenal gland B. Pancreas C. Thyroid gland D. Pituitary gland

16	chemical messengers secreted by the glands and transported through the blood are called a.....	A. Fats B. Vitamin C. Hormones D. Glands
17	Scratches on the body after kitten's bite result in disease.	A. Rabies B. Cancer C. Burn D. Paralysed
18	The amount of energy gained from one gram of fats is.	A. 9.3 K cal B. 18 Kcal C. 27 Kcal D. 36 Kcal
19	The food component in body which is needed in fraction only 	A. Carbohydrate B. Protein C. Vitamins D. Fat
20	Deficiency of this vitamin leads to deficiency of blood	A. B1 B. B2 C. B6 D. B12