

## Human Health

Sr	Questions	Answers Choice
1	The deficiency of iodine cause thyroid to increase in size than normal and result disease.	A. Tetanus B. Plauge C. Goiter D. Heart Disease
2	is a long soft leaf like organ present in below the stomach.	A. Ovary B. Gonad C. Testes D. Pancreas
3	Deficiency ofslows down the blood clotting mechanism.	A. Vitamin A B. Vitamin D C. Vitamin E D. Vitamin K
4	The amount of envery gained from one gram of fats is.	A. 9.3 K cal B. 18 Kcal C. 27 Kcal D. 36 Kcal
5	are formed by the chemical combinatiin of fatty acid with glycerol	A. Carbohydrates B. Lipids C. Proteins D. Glucose
6	All the proteins are madw up of differnet types of amino acids.	A. Twenty B. <sub>Thirty</sub> C. Forty D. Sixty
7	Deficiency of this vitamin leads to deficiency of blood	A. B1 B. B2 C. B6 D. B12
8	The primary and cheapest source of energy for the cell:	A. Proteins  B. Carbohydrates  C. Vitamins  D. Fast
9	It gives resistance against diseases	A. Hormones B. Vitamins C. Fast D. Antibodies
10	The unit of food energy	A. Joule B. Newton meter C. Diopter D. calorie
11	The disease which is caused in children due to vitamin D deficiency is.	A. Scurvy B. T.B C. Rickets D. Anaemia
12	The hormone whihc controls invountary action of body is	A. Thyroxin B. Epinephrine C. Adrenal D. Insulin
13	it contains all the necessary nutrients of food	A. Milk  B. Fruits C. Wheat  D. Rice
14	Tests are responsible for the development of male sex while. responsible for the development for female sex.	A. Pancreas  B. Ovary C. Gonads D. Adrenal gland
15	Water makes almost of human body	A. 80% of human body B. 90% of human body C. 60% of human body D. 30% of human body

16	The stage spans over the first two years in the life of every human being is known as.	<ul><li>A. Adolescence</li><li>B. Infancy</li><li>C. Childhood</li><li>D. Pre maturity</li></ul>
17	Thyroid gland increases in size because of	A. Deficiency of iodine & nbsp B. Deficiency of fluorides & nbsp C. Deficiency of iron & nbsp D. Deficiency of calcium & nbsp
18	Cucumber contains/100 gm calories in it.	A. 14 kC B. 5 Kc C. 65 kC D. 99 kC
19	The deficiency of vitamin D causes	A. Scurvy B. T.B C. Rickets D. Anemia
20	Insulin is secreted from this gland	A. Adrenal gland  B. Pancreases  C. Thyroid gland  D. Pituitary gland