

Human Health

Sr	Questions	Answers Choice
1	The stage spans over the first two years in the life of every human being is known as.	A. Adolescence B. Infancy C. Childhood D. Pre maturity
2	The disease which is caused in children due to vitamin D deficiency is.	A. Scurvy B. T.B C. Rickets D. Anaemia
3	_____ gland is also known as Master gland.	A. Thyroid gland B. Pituitary gland C. Adrenal gland D. Gonads
4	The hormone whihc controls invountary action of body is	A. Thyroxin B. Epinephrine C. Adrenal D. Insulin
5	The unit of food energy	A. Joule B. Newton meter C. Diopter D. calorie
6	it contains all the necessary nutrients of food	A. Milk nbsp; B. Fruits C. Wheat nbsp; D. Rice
7	The amount of envery gained from one gram of fats is.	A. 9.3 K cal B. 18 Kcal C. 27 Kcal D. 36 Kcal
8	The primary sex organs are called	A. Tissues nbsp; B. Testes nbsp; C. ovaries nbsp; D. Gonads nbsp;
9	Cucumber contains...../100 gm calories in it.	A. 14 kC B. 5 Kc C. 65 kC D. 99 kC
10	Insulin is secreted from this gland	A. Adrenal gland nbsp; B. Pancreases nbsp; C. Thyroid gland nbsp; D. Pituitary gland nbsp;
11	Tests are responsible for the development of male sex while. responsible for the development for female sex.	A. Pancreas B. Ovary C. Gonads D. Adrenal gland
12	Deficiency of iodine causes	A. goiter nbsp; B. night blindness nbsp; C. malaria nbsp; D. cough nbsp;
13	Scratches on the body after kitten's bite result in disease.	A. Rabies B. Cancer C. Burn D. Paralysed
14	All the proteins are madw up of..... differnet types of amino acids.	A. Twenty B. _{Thirty} C. Forty D. Sixty
15	The food component in body which is needed in fraction only nbsp;	A. Carbohydrate nbsp; B. Protein nbsp; C. Vitamins nbsp; D. Fast nbsp;

16	The primary and cheapest source of energy for the cell:	A. Proteins B. Carbohydrates C. Vitamins D. Fast
17	_____ acts as a lubricant in the joints and other internal body organs.	A. Minerals B. Salts C. Water D. Food
18	Deficiency of this vitamin leads to deficiency of blood	A. B1 B. B2 C. B6 D. B12
19	The deficiency of vitamin D causes	A. Scurvy B. T.B C. Rickets D. Anemia
20	The building blocks of protein	A. Fatty acid B. Antibodies C. Enzymes D. Amino acids
