

## General Science 6th Class English Medium Chapter 3 Online Test

Sr	Questions	Answers Choice
1	Enzyme and antibodies are.	A. Carbohydrate B. Protein C. Blood D. Lipids
2	Iron is a	A. Mineral B. Vitamin C. Protein D. Carbohydrates
3	Growth and repair of the body is function of.	A. Lipids B. Proteins C. Carbohydrate D. Fibers
4	Beriberi is due lack of.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
5	Nutrients which are quick source of energy.	A. Protein B. lipids C. Carbohydrate D. Vitamin
6	Which food is best for providing fats.	A. Fruits B. Butter C. Vegetables D. Bread
7	On digestion, protein is converted into.	A. Carbon B. Hydrogen C. Amino acid D. Oxygen
8	Which vitamin makes the bones strong.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
9	Balanced diet for a person depends upon	A. age B. Job C. Health condition D. All of these
10	Nutrients required in very small quantities.	A. Carbohydrates B. Protein C. Lipids D. Vitamin
11	Vegetable oils are included in the food group	A. Carbohydrates B. Protein C. Fats D. Vitamin
12	Fish is the part of	A. Fruit group B. Grains group C. Milk group D. Meat group
13	Edible oils are the fats which are... at room temperature.	A. Solid B. Liquid C. Gas D. None of these
14	Source of Vitamin A	A. Table salt B. Carrot C. Mustard oil D. Sugar
15	An immediate source of energy for car body is.	A. Chicken B. Mushroom C. Mango D. Meat

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16	Food rich is proteins is	A. Potato B. Fish C. Rice D. Grapes
17	Sugar is	A. Carbohydrate B. Lipids C. Protein D. Vitamin
18	Source of starch	A. egg B. Meat C. Potato D. Fish
19	Food rich is carbohydrates is.	A. Corn oil B. Beef C. Starch D. Egg
20	Balanced diet for an infant is	A. Fruit B. Milk C. Vegatable D. egg

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