

General Science 6th Class English Medium Chapter 3 Online Test

Sr	Questions	Answers Choice
1	Which food is best for providing fats.	A. Fruits B. Butter C. Vegetables D. Bread
2	Source of Vitamin A	A. Table salt B. Carrot C. Musturd oil D. Sugar
3	Growth and repair of the body is function of.	A. Lipids B. Proteins C. Carbohydrate D. Fibers
4	Which vitamin makes the bones strong.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
5	Sugar is	A. Carbohydrate B. Lipids C. Protein D. Vitamin
6	Balanced diet for an infant is	A. Fruit B. Milk C. Vegatable D. egg
7	Iron is a	A. Mineral B. Vitamin C. Protein D. Carbohydrates
8	Edible oils are the fats which are... at room temperature.	A. Solid B. Liquid C. Gas D. None of these
9	Food rich is proteins is	A. Potato B. Fish C. Rice D. Grapes
10	Nutrients required is very small quantities.	A. Carbohydrates B. Protein C. Lipids D. Vitamin
11	Vegatable oils are included in the food group	A. Carbohydrates B. Protein C. Fats D. Vitamin
12	An immediate source of energy for car body is.	A. Chicken B. Mushroom C. Mango D. Meat
13	Nutrients which are quick source of energy.	A. Protein B. lipids C. Carbohydrate D. Vitamin
14	Fish is the parts of	A. Fruit group B. Grains group C. Milk group D. Meat group
15	Balanced died for a person depends upon	A. age B. Job C. Healt condition D. All of these

16	On digestion, protein is converted into.	A. Carbon B. Hydrogen C. Amino acid D. Oxygen
17	Food rich in carbohydrates is.	A. Corn oil B. Beef C. Starch D. Egg
18	Beriberi is due to lack of.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
19	Source of starch	A. egg B. Meat C. Potato D. Fish
20	Enzyme and antibodies are.	A. Carbohydrate B. Protein C. Blood D. Lipids
