

PPSC General Knowledge Topic 13 Food Science

Sr	Questions	Answers Choice
1	Carbohydrates, fats and proteins are essential for.	A. Metabolic processes of an organism B. Providing energy C. Formation of structures D. All of these
2	Hemoglobin in the blood is a complex protein rich in.	A. Copper B. Gold C. Silver D. Iron
3	After drinking contaminated water you would be most apt to develop symptoms of.	A. Malaria B. Typhoid fever C. Yellow fever D. schistosomiasis
4	The protein content in wheat is approximately	A. 6% B. 8% C. 12% D. 16%
5	Among the following food items, which one has the highest amount of carbohydrates.	A. Apple B. Banana C. Pea D. Cabbage
6	An adult requires how many proteins daily.	A. 10- 20 grams B. 30-50 grams C. 50- 100 grams D. More than 100 grams
7	Of the following which one has more variety of nutrition.	A. Bacteria B. Fungi C. Plants D. Animals
8	In the balance dietaries for a day of an adult working man weights of carbohydrate food and total protein food should be in order of.	A. 420 gm and 420 gm respectively B. 420 gm and 600 gm respectively C. 600 gm and 420 gm respectively D. 600 gm and 600 gm respectively
9	Which of the following countries is the leading producer of wheat.	A. USA B. Argentina C. China D. Cuba
10	Which of the following minerals plays an important role in preventing dental decay.	A. Iodine B. Sodium C. Iron D. Fluorine
11	Amino acid are product of the digestion of.	A. Fats B. Proteins C. Vitamin D. Carbohydrates
12	Nitrogen occur in animals in the form of.	A. Mineral B. Fats C. Proteins D. Carbohydrates
13	The essential raw material from which the co enzymes ins made.	A. Metal ions B. Vitamins C. Proteins D. Carbohydrates
14	The most abundant bio molecule on the earth.	A. Nucleic acids B. Proteins C. Lipids D. Carbohydrates
15	The principal action of enter peptidase is only to activates, of the pancreatic juice.	A. Amino peptidase B. Trypsinogen C. Trpsin D. ...

		D. Chymotrypsin
16	Which of the following is a reducing sugar.	A. Erythulose B. Dihydroxyacetone C. Glucose D. None of these
17	Which of the following caused by a Vitamin A deficiency.	A. Edema B. Anemia C. Night Blindness D. Rickets
18	Which one forms the raw material for co enzymes.	A. Carbohydrate B. Metals C. Proteins D. Vitamins
19	Nutritional polysaccharides are.	A. Starch and Glycogen B. Starch and Chitin C. Starch and Cellulose D. Starch and Glucose
20	Sucrose is a	A. Monosaccharide B. Disaccharide C. Triose D. Poly saccharide