

PPSC General Knowledge Topic 13 Food Science

Sr	Questions	Answers Choice
1	Maximum carbohydrate are obtained from	A. Nuts B. Fatty fish C. Plant oil D. Whole grain food
2	Among the following, the richest source of protein is.	A. Ground not B. Rice C. Apple D. Potato
3	Carbohydrates are.	A. Polyhydroxy aldehydes and phenols B. Polyhydroxy aldehydes and Ketones C. Polyhydroxy Ketones and phenols D. Polyhydroxy phenols and Alcohols
4	A simple sequence in which the grass grows, a cow eats the grass, a human eats the cow, or drinks its milk is an example of a	A. Food chain B. Food web C. Food cycle D. Pyramid
5	Which of the following caused by a Vitamin A deficiency.	A. Edema B. Anemia C. Night Blindness D. Rickets
6	Which of the following stimulate the secretion of gastric glands.	A. Secretin B. Gastrin C. Bile D. Pancrealin
7	In a food chain, the solar energy utilized by plants is only.	A. 0.1 percent B. 1 percent C. 10 percent D. 0.01 percent
8	The digestion of by amylase is completed in the	A. Mouth B. duodenum C. Stomach D. Ileum
9	Which are not the essential constituents of balanced diet.	A. Fats B. Vitamins C. Carbohydrates D. Hormones
10	Insectivorous plants are.	A. Symbolic B. Parasites C. Saprophytic D. Autotrophic
11	Lactos is a disaccharide consists of.	A. Glucose and fructose B. Glucose and galactose C. Glucose and sucrose D. Glucose and ribose
12	Which is the essential constituent of diet.	A. Starch B. Glucose C. Amino acid D. Carbohydrate
13	Starch is converted into maltase by the action of.	A. Invertase B. Maltase C. Sucrose D. Amylase
14	Which of the following countries is the leading producer of wheat.	A. USA B. Argentina C. China D. Cuba
15	The essential raw material from which the co enzymes ins made.	A. Metal ions B. Vitamins C. Proteins

D. Carbohydrates

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- 16 Which of the following sets contains foods rich in carbohydrates.
- A. Potato, Ghee, and cucumber
 - B. Wheat , Ghee and spinach
 - C. Banana , potato and rice
 - D. Rice, lemon and mustards oil
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- 17 1 gm of protein is equal to _____ of energy.
- A. 4 kcals
 - B. 6 kcals
 - C. 3 kcals
 - D. 5 kcals
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- 18 The enzymes involves in the synthesis of proteins is integral part of.
- A. Chloroplasts
 - B. Mitochondria
 - C. Ribosomes
 - D. Golgi complex
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- 19 Which is the main source of energy for human brain.
- A. Fats
 - B. Glucose
 - C. Vitamin
 - D. Protein
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- 20 Of the following which one has more variety of nutrition.
- A. Bacteria
 - B. Fungi
 - C. Plants
 - D. Animals
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