

## PPSC General Knowledge Topic 13 Food Science

Sr	Questions	Answers Choice
1	Which of the following descending order of items by their fat content.	A. Egg yolk, butter, cheese, cream, milk B. Butter , ghee, cheese, egg yolk, cream C. Cream, Cheese, Condensed, milk, egg, cow milk D. Ghee, Butter , egg yolk, cheese, condensed milk
2	A simple sequence in which the grass grows, a cow eats the grass, a human eats the cow, or drinks its milk is an example of a	A. Food chain B. Food web C. Food cycle D. Pyramid
3	Hair, finger , nails, hoofs etc, are all made of.	A. Fat B. Iron C. Vitamins D. Proteins
4	In non protein part of the enzyme is loosely attached to the protein part it is known as.	A. Co factor B. prosthetic group C. Metal activator D. Co enzymes
5	Which is the essential constituent of diet.	A. Starch B. Glucose C. Amino acid D. Carbohydrate
6	In the balance dietaries for a day of an adult working man weights of carbohydrate food and total protein food should be in order of.	A. 420 gm and 420 gm respectively B. 420 gm and 600 gm respectively C. 600 gm and 420 gm respectively D. 600 gm and 600 gm respectively
7	Autotrophic organisms can exist in which environmental.	A. Organic B. Terrestrial C. Inorganic D. Wet
8	Which one forms the raw material for co enzymes.	A. Carbohydrate B. Metals C. Proteins D. Vitamins
9	Deficiency during pregnancy's is associated with birth defects such as neural tube defects.	A. Vitamin B5 B. Vitamin B6 C. Vitamin B3 D. Vitamin B9
10	Food and agriculture Organization was established in.	A. 1944 B. 1945 C. 1946 D. None of these
11	Fluorine is present in.	A. Sea food B. Common salt C. green vegetables D. Drinking water
12	Which of the following caused by a Vitamin A deficiency.	A. Edema B. Anemia C. Night Blindness D. Rickets
13	The protein content of edible portion of egg is.	A. 15% B. 13.3 % C. 5% D. 10.3%
14	In which form glucose is stored in the liver.	A. Lactic acid B. Lactose C. Ribose D. Glycogen

15	An adult requires how many proteins daily.	A. 10- 20 grams B. 30-50 grams C. 50- 100 grams D. More than 100 grams
16	After drinking contaminated water you would be most apt to develop symptoms of.	A. Malaria B. Typhoid fever C. Yellow fever D. schistosomiasis
17	Insectivorous plants are.	A. Symbolic B. Parasites C. Saprophytic D. Autotrophic
18	The term used for the food or any substance that supplies the body elements necessary for metabolism.	A. Health B. Nutrient C. Food D. All these
19	Which one of the following units represents the largest amount of energy.	A. Calorie B. Joule C. Erg D. Electron volt
20	The deficiency marasmus in children is caused by due to the deficiency of.	A. Fats B. Vitamins C. Proteins D. Carbohydrates