

## Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	"The scope and area of Health education is only to protect and maintain to health of persons accordingly physically, mentally and emotionally" are said by	A. Rider B. Delbert Oberteuffer C. Thomas wood D. Willson Grout
2	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs
3	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
4	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L
5	The correct features of the body during relaxation is called	A. Positions B. Appearances C. Posture D. Balance
6	How many objective of heath education	A. 4 B. 5 C. 6 D. 7
7	Another name for kyphosis is	A. Flat foot B. Hollow back C. Round back D. Uneven shoulder
8	While walking if the weight of the body is evenly distributed between two feet then this is	A. Good posture B. Jogging C. Running D. Bad posture
9	The blood contains these particles necessary for blood clotting	A. Platelets B. White blood cells C. Red blood cells D. Plasma
10	The area of the front zone is	A. 8 x 2 B. 8 x 3 C. 9 x 2 D. 9 x 3
11	Man has been utilizing physical education since	A. The first Olympics B. Early modern era C. Birth D. The youth
12	Educated people are more aware about	A. Sports issues B. Political issues C. Entertainment issues D. Health issues
13	A tetnus infection can be caused by	A. Food B. Air C. Wounds D. Contact
14	Plant cells have a larger	A. Nucleus B. Vacuole C. Protoplasm D. Cell wall
15	If however only few persons have infection disease it is called	A. Sporadic way B. Pandemic way C. Endemic way D. Epidemic way

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16	If an infections disease in spread in a part of a country, it is called	A. Sporadic B. Endemic C. Pandemic D. Epidemic
17	Health and physical education works for betterment of	A. Humanity B. Economics C. Country D. Science
18	How many group are there in physical education activities?	A. 3 B. 6 C. 5 D. 10
19	The height of the net for boys is	A. 2m B. 3.42m C. 2.43m D. 3.43m
20	How many causes of chicken pox	A. 2 B. 3 C. 4 D. 5

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