

Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	How many types of health education	A. 2 B. 3 C. 4 D. 5
2	The system keeps a body healthy and fit	A. Respiratory B. Digestive C. Muscular D. Absorptive
3	"Health had been considered that quality of life by which man is able to lead his life happy and serve others" are called	A. Health B. physical education C. Health education D. none of them
4	While walking if the weight of the body is evenly distributed between two feet then this is	A. Good posture B. Jogging C. Running D. Bad posture
5	From where the word gymnastic come	A. Persian language B. English language C. Urdu language D. Greek
6	Plant cells have a larger	A. Nucleus B. Vacuole C. Protoplasm D. Cell wall
7	"Health education is the sum of experiences each favourably influence the habits, attitudes and knowledge relating to individual, community and social health" said by	A. Thomas wood B. Willson grout C. Rider D. john locker
8	The method of call division in which chromosomes are not formed is	A. Vitosis B. Zitosis C. Amitosis D. Metosis
9	The height of the net for girls is	A. 2.24m B. 3.24m C. 2.43m D. 3m
10	If a disease is wide spread throughout many countries of the world is is called	A. Epidemic B. Pandemic way C. Endemic way D. Sporadic way
11	Health and physical education works for betterment of	A. Humanity B. Economics C. Country D. Science
12	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken
13	The football match is started by a	A. Goal kick B. Penalty kick C. Corner kick D. Kick off
14	Physical education is science as well as	A. Job B. Politics C. Art D. Games
15	Tissues are joined together by a substance called	A. Matter B. Antimatter C. Matrix D. Antimatrix

16	The system coordinates all the systems of the body by use of hormones	A. Nervous B. Circulatory C. Absorptive D. Endocrine
17	The is the basic structural and functional unit of all living organisms	A. Protein B. Nucleus C. Organelle D. Cell
18	Physical education makes between nerves and muscles	A. Davison B. Relation C. Problems D. Nothing
19	The width of the court is	A. 10 m B. 15 m C. 9 m D. 5 m
20	What is shape of foot ball ground	A. Rectangular B. Square C. Circular D. Triangular