

Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	A foot ball team consists of _____ players	A. 11 B. 9 C. 7 D. 6
2	The competitor may leave the circle when	A. The next competitor comes B. The discus has landed C. The discus is thrown D. The discus is brought back
3	Physical education creates _____ between mind and body	A. Weakness B. Separation C. Distinction D. Coordination
4	"In other for one to be healthy and fit one needs to be educated and in order to be properly educated one needs to be healthy and fit" said by	A. Delbert Oberteuffer B. Rider C. Willson grout D. John locke
5	The line which divides the court in two equal parts is called	A. Middle line B. Side line C. Half line D. Center line
6	How many bones in our feet	A. 25 B. 26 C. 27 D. 28
7	Man is following the teachings of physical education since from the	A. Beginning of Olympics B. Beginning of the world C. Beginning of his birth D. Beginning of the modern time
8	A tetnus infection can be caused by	A. Food B. Air C. Wounds D. Contact
9	How many causes of small pox	A. 4 B. 5 C. 6 D. 7
10	Gymnastics is also called as	A. Father of all sports B. Mother of all sports C. Child of all sports D. Science of all sports
11	The length of court is	A. 18 m B. 20 m C. 25 m D. 10 m
12	The discus must land	A. Outside the lines B. Within the edges C. Behind the lines D. Outside the edges
13	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
14	"Physical education is the most complete/important part of the study it is a study whose purpose is to make a person's body, mind healthy by the help of physical activities" said by	A. Charles Butcher B. J.B Nash C. Rosaland Cassidy D. John Dewey
15	The "C" in rices stand for	A. Compassion B. Compound C. Composite D. Compression

16 The base of physical education is
A. Health
B. Strength
C. Intelligence
D. Movements

17 "In Lordosis forward and backward till of the pelvic organs appears. This faulty position is a frequent cause of low back pain due to strain in the lower back area" are called
A. Hollow back
B. Scoliosis
C. Kyphosis
D. Flat feet

18 Modern man spending his life
A. Poverty life
B. Unrealistic life
C. Wisdom life
D. Hardworking life

19 Which of the following is not an acute injury
A. Sprain
B. Muscle soreness
C. Pulled muscle
D. Fracture

20 A person with _____ gets less tired
A. Good posture
B. Good physique
C. Bad posture
D. Bad physique
