

Physical Education Fa Part 1 English Medium Online Test

| Sr | Questions | Answers Choice |
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| 1 | How many classification of health education? | A. 2 B. 3 C. 4 D. 5 |
| 2 | The line which divides the court in two equal parts is called | A. Middle line B. Side line C. Half line D. Center line |
| 3 | This is not an infection disease | A. Mumps B. Asthama C. Hydrophobia D. Trachoma |
| 4 | Tissues are joined together by a substance called | A. Matter B. Antimatter C. Matrix D. Antimatrix |
| 5 | Osteocytes are cells found in the | A. Muscles B. Nerves C. Blood D. Bones |
| 6 | Health education teaches principles and physical education enables to | A. Oppose them B. Understand them C. Learn them D. Practice them |
| 7 | While walking if the weight of the body is evenly distributed between two feet then this is | A. Good posture B. Jogging C. Running D. Bad posture |
| 8 | Man is following the teachings of physical education since from the | A. Beginning of Olympics B. Beginning of the world C. Beginning of his birth D. Beginning of the modern time |
| 9 | A spiral fracture is one which causes a bone to form a _____ shape | A. S B. C C. U D. L |
| 10 | In care of fracture the first thing to do is | A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments |
| 11 | The competitor must start the throw within | A. 2 minutes B. 5 minutes C. 10 minutes D. 1 minute |
| 12 | In modern society crime attracts | A. Children B. Senior citizen C. Youth D. Educated people |
| 13 | How many causes of Lordosis | A. 12 B. 13 C. 14 D. 15 |
| 14 | On the field each competitor is allowed _____ practice throws | A. One B. Five C. Three D. Two |
| 15 | Infections diseases are spread by | A. Microbes B. Bacteria C. Pathogens D. Fungi |

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| 16 | Who has said "Surely your body and strength have right on you" | A. Hazrat Abdul Qadir Jilani B. Hazrat Ali (R.A) C. Our Prophet ﷺ D. Quaid-e-Azam |
| 17 | The competitors are given 6 attempts each when there are competitors | A. 8 or less B. 6 or less C. 10 or less D. 12 or less |
| 18 | Cholera and dysentery can be spread by | A. Food B. Air C. Wounds D. Contact |
| 19 | From where the word gymnastic come | A. Persian language B. English language C. Urdu language D. Greek |
| 20 | A foot ball team consists of _____ players | A. 11 B. 9 C. 7 D. 6 |