

Physical Education Fa Part 1 English Medium Chapter 9 Online Test

Sr	Questions	Answers Choice
1	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs
2	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
3	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
4	One of the most common injury is	A. Muscle pull B. Fracture C. Heat cramps D. Tendon damage
5	This is not a first aid medicine	A. Talcum powder B. Iodex C. Throat lotion D. Common salt
6	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
7	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
8	A depressed fracture is common in	A. Knee B. Foot C. Arm D. Skull
9	The use of medication for muscle injury is a _____ treatment	A. Primary B. Optional C. Secondary D. Alternative
10	The "C" in RICE stand for	A. Compassion B. Compound C. Composite D. Compression
11	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken
12	First aid provide immediate _____ to patient	A. Treatment B. Medicine C. Advice D. Relief
13	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L
14	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture
15	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture

16 Hard tissue injuries are those which affect the

- A. Skin
- B. Muscle
- C. Bone
- D. Tissue

17 In care of fracture the first thing to do is

- A. Wash the wound
 - B. Cut the cloth
 - C. Stop bleeding
 - D. To join bone fragments
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