

Physical Education Fa Part 1 English Medium Chapter 9 Online Test

Sr	Questions	Answers Choice
1	The "C" in rices stand for	A. Compassion B. Compound C. Composite D. Compression
2	Hard tissue injuries are those which affect the	A. Skin B. Muscle C. Bone D. Tissue
3	First aid provide immediate _____ to patient	A. Treatment B. Medicine C. Advice D. Relief
4	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
5	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
6	This is not a first aid medicine	A. Talcum powder B. Iodex C. Throat lotion D. Common salt
7	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken
8	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture
9	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
10	The use of medication for muscle injury is a _____ treatment	A. Primary B. Optional C. Secondary D. Alternative
11	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture
12	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
13	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments
14	One of the most common injury is	A. Muscle pull B. Fracture C. Heat cramps D. Tendon damage
15	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs

16	A depressed fracture is common in	A. Knee B. Foot C. Arm D. Skull
17	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L