

Physical Education Fa Part 1 English Medium Chapter 9 Online Test

Sr	Questions	Answers Choice
1	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L
2	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
3	Hard tissue injuries are those which affect the	A. Skin B. Muscle C. Bone D. Tissue
4	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
5	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture
6	The "C" in RICES stand for	A. Compassion B. Compound C. Composite D. Compression
7	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture
8	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
9	This is not a first aid medicine	A. Talcum powder B. Iodex C. Throat lotion D. Common salt
10	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments
11	The use of medication for muscle injury is a _____ treatment	A. Primary B. Optional C. Secondary D. Alternative
12	One of the most common injury is	A. Muscle pull B. Fracture C. Heat cramps D. Tendon damage
13	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs
14	A depressed fracture is common in	A. Knee B. Foot C. Arm D. Skull
15	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken

16	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
17	First aid provide immediate _____ to patient	A. Treatment B. Medicine C. Advice D. Relief