Physical Education Fa Part 1 English Medium Chapter 6 Online Test

Sr	Questions	Answers Choice
1	How many objective of heath education	A. 4 B. 5 C. 6 D. 7
2	Educated people are more aware about	A. Sports issues B. Political issues C. Entertainment issues D. Health issues
3	Health education is the translation of what is known about health into individual and community behavior patterns by means of education process was said by	A. Dr. Thomas Wood B. Willson Grout C. John Locke D. Ott Romney
4	A _____ person can have a longer life	A. Wealthy B. Political C. Healthy D. Strong
5	"In other for one to be healthy and fit one needs to be educated and in order to be properly educated one needs to be healthy and fit" said by	A. Delbert Oberteuffer B. Rider C. Willson grout D. John locke
6	How many principles of healthy life	A. 10 B. 11 C. 12 D. 13
7	"Health not only teaches about health and fitness but also now to maintain a healthy life style" are said by	A. Rider B. Delbert C. Willson D. John Locke
8	Prevention of diseases, hygiene, healthy eating habits are examples of	A. Basic health education B. Basic school education C. College education D. Secondary healthy education
9	Health education teaches principles and physical education enables to	A. Oppose them B. Understand them C. Learn them D. Practice them
10	"The scope and area of Health education is only to protect and maintain to health of persons accordingly physically, mentally and emotionally" are said by	A. Rider B. Delbert Oberteuffer C. Thomas wood D. Willson Grout
11	"Health education is the sum of experiences each favourably influence the habits, attitudes and knowledge relating to individual, community and social health" said by	A. Thomas wood B. Willson grout C. Rider D. john locker
12	Healthy has been considered that _____ of life	A. Quality B. Part C. Both a and b D. None of these
13	"Health had been considered that quality of life by which man is able to lead his life happy and serve others" are called	A. Health B. physical education C. Health education D. none of them
14	What is heath?	A. Heath is also known as well being and discuses full life B. When body organs are working in a good way C. A heath person is free from daily tensions D. All of them
		A. 2

15	How many types of health education	B. 3 C. 4 D. 5
16	Health and physical education works for betterment of	A. Humanity B. Economics C. Country D. Science
17	How many classification of health education?	A. 2 B. 3 C. 4 D. 5