

Physical Education Fa Part 1 English Medium Chapter 6 Online Test

Sr	Questions	Answers Choice
1	"Health education is the sum of experiences each favourably influence the habits, attitudes and knowledge relating to individual, community and social health" said by	<p>A. Thomas wood</p> <p>B. Willson grout</p> <p>C. Rider</p> <p>D. john locker</p>
2	Health education teaches principles and physical education enables to	<p>A. Oppose them</p> <p>B. Understand them</p> <p>C. Learn them</p> <p>D. Practice them</p>
3	Health education is the translation of what is known about health into individual and community behavior patterns by means of education process was said by	<p>A. Dr. Thomas Wood</p> <p>B. Willson Grout</p> <p>C. John Locke</p> <p>D. Ott Romney</p>
4	What is heath?	<p>A. Heath is also known as well being and discuses full life</p> <p>B. When body organs are working in a good way</p> <p>C. A heath person is free from daily tensions</p> <p>D. All of them</p>
5	Educated people are more aware about	<p>A. Sports issues</p> <p>B. Political issues</p> <p>C. Entertainment issues</p> <p>D. Health issues</p>
6	"In other for one to be healthy and fit one needs to be educated and in order to be properly educated one needs to be healthy and fit" said by	<p>A. Delbert Oberteuffer</p> <p>B. Rider</p> <p>C. Willson grout</p> <p>D. John locke</p>
7	"Health had been considered that quality of life by which man is able to lead his life happy and serve others" are called	<p>A. Health</p> <p>B. physical education</p> <p>C. Health education</p> <p>D. none of them</p>
8	Healthy has been considered that _____ of life	<p>A. Quality</p> <p>B. Part</p> <p>C. Both a and b</p> <p>D. None of these</p>
9	How many objective of heath education	<p>A. 4</p> <p>B. 5</p> <p>C. 6</p> <p>D. 7</p>
10	Health and physical education works for betterment of	<p>A. Humanity</p> <p>B. Economics</p> <p>C. Country</p> <p>D. Science</p>
11	"The scope and area of Health education is only to protect and maintain to health of persons accordingly physically, mentally and emotionally" are said by	<p>A. Rider</p> <p>B. Delbert Oberteuffer</p> <p>C. Thomas wood</p> <p>D. Willson Grout</p>
12	How many principles of healthy life	<p>A. 10</p> <p>B. 11</p> <p>C. 12</p> <p>D. 13</p>
13	Prevention of diseases, hygiene, healthy eating habits are examples of	<p>A. Basic health education</p> <p>B. Basic school education</p> <p>C. College education</p> <p>D. Secondary healthy education</p>
14	"Health not only teaches about health and fitness but also now to maintain a healthy life style" are said by	<p>A. Rider</p> <p>B. Delbert</p> <p>C. Willson</p> <p>D. John Locke</p>

15 How many types of health education

- B. 3
- C. 4
- D. 5

16 A _____ person can have a longer life

- A. Wealthy
- B. Political
- C. Healthy
- D. Strong

17 How many classification of health education?

- A. 2
 - B. 3
 - C. 4
 - D. 5
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