

Physical Education Fa Part 1 English Medium Chapter 5 Online Test

Sr	Questions	Answers Choice
1	The competitor will be shown a _____ flag before the last 15 seconds	A. Red B. White C. Yellow D. Green
2	The discus used in the match is	A. Competitor's B. Coach's C. Organizer's D. Other competitor's
3	The discus must land	A. Outside the lines B. Within the edges C. Behind the lines D. Outside the edges
4	The measurement of each throw must be taken at	A. End of the match B. Beginning of the throw C. Immediately before throw D. Immediately after throw
5	A competitor can throw a discus _____ at a time	A. Once B. Twice C. Thrice D. Many times
6	The competitors are given 6 attempts each when there are competitors	A. 8 or less B. 6 or less C. 10 or less D. 12 or less
7	The competitor may leave the circle when	A. The next competitor comes B. The discus has landed C. The discus is thrown D. The discus is brought back
8	In the direction of the throw, the ground must be elevated	A. 20000 : 2 B. 200 : 2 C. 1000 : 1 D. 100 : 1
9	How many lanes in track of relay race?	A. 8 B. 7 C. 6 D. 4
10	The competitor must start the throw within	A. 2 minutes B. 5 minutes C. 10 minutes D. 1 minute
11	The competitors are given 3 attempts when there are competitors	A. Less than 8 B. Less than 6 C. More than 8 D. More than 6
12	If a competitor feels that a throw was wrongly given invalid, He/She can protest to	A. The spectators B. The referee C. The organizer D. The coach
13	What is the track of Relay Race?	A. 4 x 100 B. 5 x 100 C. 6 x 100 D. 7 x 100
14	On the field each competitor is allowed _____ practice throws	A. One B. Five C. Three D. Two
15	A discus is _____ in shape	A. Square B. Round C. Oval D. Triangular

16 The centre of the discus should be _____ than the rim

- A. Thicker
 - B. Equal
 - C. Thinner
 - D. Hollow
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17 The order in which the competitors play is decided by

- A. The organizers
 - B. By competitors choice
 - C. By drawing lots
 - D. By spectators choice
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