

## Physical Education Fa Part 1 English Medium Chapter 5 Online Test

Sr	Questions	Answers Choice
1	The competitors are given 3 attempts when there are competitors	A. Less than 8 B. Less than 6 <b>C. More than 8</b> D. More than 6
2	The competitor may leave the circle when	A. The next competitor comes B. <b>The discus has landed</b> C. The discus is thrown D. The discus is brought back
3	The discus must land	A. Outside the lines <b>B. Within the edges</b> C. Behind the lines D. Outside the edges
4	The competitor must start the throw within	A. 2 minutes B. 5 minutes C. 10 minutes <b>D. 1 minute</b>
5	If a competitor feels that a throw was wrongly given invalid, He/She can protest to	A. The spectators <b>B. The referee</b> C. The organizer D. The coach
6	On the field each competitor is allowed _____ practice throws	A. One B. Five C. Three <b>D. Two</b>
7	A discus is _____ in shape	A. Square <b>B. Round</b> C. Oval D. Triangular
8	The competitors are given 6 attempts each when there are competitors	A. 8 or less B. 6 or less C. 10 or less <b>D. 12 or less</b>
9	What is the track of Relay Race?	<b>A. 4 x 100</b> B. 5 x 100 C. 6 x 100 D. 7 x 100
10	The competitor will be shown a _____ flag before the last 15 seconds	A. Red B. White <b>C. Yellow</b> D. Green
11	The discus used in the match is	A. Competitor's B. Coach's <b>C. Organizer's</b> D. Other competitor's
12	The measurement of each throw must be taken at	A. End of the match B. Beginning of the throw C. Immediately before throw <b>D. Immediately after throw</b>
13	In the direction of the throw, the ground must be elevated	A. 20000 : 2 B. 200 : 2 <b>C. 1000 : 1</b> D. 100 : 1
14	A competitor can throw a discus _____ at a time	<b>A. Once</b> B. Twice C. Thrice D. Many times
15	The centre of the discus should be _____ than the rim	<b>A. Thicker</b> B. Equal C. Thinner D. Hollow

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16 The order in which the competitors play is decided by

A. The organizers  
B. By competitors choice  
**C. By drawing lots**  
D. By spectators choice

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17 How many lanes in track of relay race?

A. 8  
B. 7  
C. 6  
D. 4

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