

Physical Education Fa Part 1 English Medium Chapter 2 Online Test

Sr	Questions	Answers Choice
1	Man is following the teachings of physical education since from the	A. Beginning of Olympics B. Beginning of the world C. Beginning of his birth D. Beginning of the modern time
2	Leisure time is better utilized in	A. Sleeping B. Exercising C. Eating D. Shopping
3	Physical exercises are an important _____ in Islam	A. Part B. Art C. Option D. Science
4	Physical education is science as well as	A. Job B. Politics C. Art D. Games
5	"Physical education is the most complete/important part of the study it is a study whose purpose is to make a person's body, mind healthy by the help of physical activities" said by	A. Charles Butcher B. J.B Nash C. Rosaland Cassidy D. John Dewey
6	Exercise _____ personality of an individual	A. Reduces B. Alters C. Develops D. Maintain
7	Modern man spending his life	A. Poverty life B. Unrealistic life C. Wisdom life D. Hardworking life
8	Physical education makes _____ between nerves and muscles	A. Davison B. Relation C. Problems D. Nothing
9	Physical education is the part of study?	A. Half part B. Complete part C. Fourth part D. One third part
10	Physical education is ordinary education whose purpose is to maintain a person by	A. Physical activities B. Nerve activities C. Economical activities D. Political activities
11	Physical education is the branch of study which deals with the muscles and their movements. Said by	A. J.B. Nash B. Charles Butcher C. John Dewey D. Rosaland Cassidy
12	Who has said "Surely your body and strength have right on you"	A. Hazrat Abdul Qadir Jilani B. Hazrat Ali (R.A) C. Our Prophet D. Quaid-e-Azam
13	Physical education is the result of those changings which can been seen in a person after physical movements, "said by	A. Charles Butchers B. John Dewey C. Rossaland Cassidy D. J.B Nash
14	Players is the ambassador of	A. Government B. Politics C. Peace D. —

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A way of life in which a person follows such activities which helps to build good muscular body, maintain nervous system and help to make a person good, said by

- A. John Dewey
- B. Rossaland Cassidy
- C. J.B. Nash
- D. Charles Butcher

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Physical education is the _____ part of ordinary study?

- A. Irrelevant
- B. Compulsory
- C. Little bit
- D. Relevant

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Modern man is working hard to get

- A. Good economical life
- B. Home
- C. Education
- D. Good social life