

Physical Education Fa Part 1 English Medium Chapter 1 Online Test

Sr	Questions	Answers Choice
1	Physical education creates _____ between mind and body	<p>A. Weakness B. Separation C. Distinction D. Coordination</p>
2	In this modern era how does man spend his time	<p>A. In physical struggle B. In sedentary C. In poverty D. intelligently</p>
3	Man has been utilizing physical education since	<p>A. The first Olympics B. Early modern era C. Birth D. The youth</p>
4	Who has said "A strong Muslim is better than a weak muslim	<p>A. Our Prophet B. Sahaba e karam C. Tabaine D. Oliy a karam</p>
5	Physical education is a _____ part of the learning process	<p>A. Not important B. Compulsory C. Normal D. Minimum</p>
6	Exercising is important for	<p>A. Children B. Senior citizens C. Every one D. Youth</p>
7	Physical education is a complete area of teaching. This is a process which improves bodily, mental, emotional and social aspects of a person. This is said by	<p>A. Charles Butcher B. J.B. Nash C. John Dewey D. Mr. Sherman</p>
8	The aim of physical education is to improve the physique by activities	<p>A. Political B. Economic C. Psychological D. Physical</p>
9	Physical education is used to _____ constructive habits	<p>A. Decrease B. Develop C. Maintain D. Provide</p>
10	A player is an ambassador of	<p>A. Trade B. Government C. Peace D. Politics</p>
11	Physical education is considered both as science and	<p>A. Profession B. Career C. Politics D. Art</p>
12	Modern time characterizes	<p>A. Labourious B. Technological C. happiness D. Spiritual</p>
13	Practising physical education improves	<p>A. Habits B. Natural ability C. Envy</p>

D. Wishes

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- 14 The statement "Physical education is related to muscular exercises and its effects" is said by which expert
- A. J.B. Nash
 - B. Charles Butcher
 - C. John Dewey
 - D. Rosaland Cassidy
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- 15 The word physical is used to describe
- A. Physics of a body
 - B. Chemistry of a body
 - C. Weight of a body
 - D. Movement of a body
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- 16 Physical education builds
- A. Anger
 - B. Revenge
 - C. Fear
 - D. Cooperation
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- 17 In modern society crime attracts
- A. Children
 - B. Senior citizen
 - C. Youth
 - D. Educated people
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