

Physical Education Fa Part 1 English Medium Chapter 1 Online Test

Sr	Questions	Answers Choice
1	Man has been utilizing physical education since	A. The first Olympics B. Early modern era C. Birth D. The youth
2	In modern society crime attracts	A. Children B. Senior citizen C. Youth D. Educated people
3	In this modern era how does man spend his time	A. In physical struggle B. In sedentary C. In poverty D. intelligently
4	The statement "Physical education is related to muscular exercises and its effects" is said by which expert	A. J.B. Nash B. Charles Butcher C. John Dewey D. Rosaland Cassidy
5	Physical education creates _____ between mind and body	A. Weakness B. Separation C. Distinction D. Coordination
6	Exercising is important for	A. Children B. Senior citizens C. Every one D. Youth
7	Modern time characterizes	A. Labourious B. Technological C. happiness D. Spiritual
8	Practising physical education improves	A. Habits B. Natural ability C. Envy D. Wishes
9	Physical education is used to _____ constructive habits	A. Decrease B. Develop C. Maintain D. Provide
10	Physical education builds	A. Anger B. Revenge C. Fear D. Cooperation
11	Physical education is a complete area of teaching. This is a process which improves bodily, mental, emotional and social aspects of a person. This is said by	A. Charles Butcher B. J.B. Nash C. John Dewey D. Mr. Sherman
12	The word physical is used to describe	A. Physics of a body B. Chemistry of a body C. Weight of a body D. Movement of a body
13	A player is an ambassador of	A. Trade B. Government C. Peace D. Politics
14	Physical education is a _____ part of the learning process	A. Not important B. Compulsory C. Normal D. Minimum
15	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical

16	Physical education is considered both as science and	A. Profession B. Career C. Politics D. Art
17	Who has said "A strong Muslim is better than a weak muslim	A. Our Prophet B. Sahaba e karam C. Tabaine D. Oliya karam
