

## Physical Education Fa Part 1 English Medium Chapter 1 Online Test

Sr	Questions	Answers Choice
1	Man has been utilizing physical education since	A. The first Olympics B. Early modern era C. Birth D. The youth
2	Practising physical education improves	A. Habits B. Natural ability C. Envy D. Wishes
3	The word physical is used to describe	A. Physics of a body B. Chemistry of a body C. Weight of a body D. Movement of a body
4	Modern time characterizes	A. Labourious B. Technological C. happiness D. Spiritual
5	Exercising is important for	A. Children B. Senior citizens C. Every one D. Youth
6	Physical education builds	A. Anger B. Revenge C. Fear D. Cooperation
7	A player is an ambassador of	A. Trade B. Government C. Peace D. Politics
8	In this modern era how does man spend his time	A. In physical struggle B. In sedentary C. In poverty D. intelligently
9	Physical education is considered both as science and	A. Profession B. Career C. Politics D. Art
10	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical
11	Physical education creates _____ between mind and body	A. Weakness B. Separation C. Distinction D. Coordination
12	The statement "Physical education is related to muscular exercises and its effects" is said by which expert	A. J.B. Nash B. Charles Butcher C. John Dewey D. Rosaland Cassidy
13	Physical education is a complete area of teaching. This is a process which improves bodily, mental, emotional and social aspects of a person. This is said by	A. Charles Butcher B. J.B. Nash C. John Dewey D. Mr. Sherman
14	Who has said "A strong Muslim is better than a weak muslim	A. Our Prophet

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B. Sahaba e karam  
C. Tabaine  
D. Oliya karam

15 Physical education is a \_\_\_\_\_ part of the learning process

A. Not important  
B. Compulsory  
C. Normal  
D. Minimum

16 In modern society crime attracts

A. Children  
B. Senior citizen  
C. Youth  
D. Educated people

17 Physical education is used to \_\_\_\_\_ constructive habits

A. Decrease  
B. Develop  
C. Maintain  
D. Provide