

Physical Education Fa Part 1 English Medium Chapter 1 Online Test

Sr	Questions	Answers Choice
1	Physical education is considered both as science and	A. Profession B. Career C. Politics D. Art
2	Exercising is important for	A. Children B. Senior citizens C. Every one D. Youth
3	The word physical is used to describe	A. Physics of a body B. Chemistry of a body C. Weight of a body D. Movement of a body
4	Physical education builds	A. Anger B. Revenge C. Fear D. Cooperation
5	Physical education creates _____ between mind and body	A. Weakness B. Separation C. Distinction D. Coordination
6	Who has said "A strong Muslim is better than a weak muslim	A. Our Prophet ﷺ B. Sahaba e karam C. Tabaine D. Oliya karam
7	Practising physical education improves	A. Habits B. Natural ability C. Envy D. Wishes
8	Physical education is a _____ part of the learning process	A. Not important B. Compulsory C. Normal D. Minimum
9	Man has been utilizing physical education since	A. The first Olympics B. Early modern era C. Birth D. The youth
10	Physical education is used to _____ constructive habits	A. Decrease B. Develop C. Maintain D. Provide
11	In this modern era how does man spend his time	A. In physical struggle B. In sedentary C. In poverty D. intelligently
12	The statement "Physical education is related to muscular exercises and its effects" is said by which expert	A. J.B. Nash B. Charles Butcher C. John Dewey D. Rosaland Cassidy
13	Modern time characterizes	A. Labourious B. Technological C. happiness

14	A player is an ambassador of	A. Trade B. Government C. Peace D. Politics
15	In modern society crime attracts	A. Children B. Senior citizen C. Youth D. Educated people
16	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical
17	Physical education is a complete area of teaching. This is a process which improves bodily, mental, emotional and social aspects of a person. This is said by	A. Charles Butcher B. J.B. Nash C. John Dewey D. Mr. Sherman