

## Physical Education Fa Part 1 English Medium Chapter 1 Online Test

Sr	Questions	Answers Choice
1	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical
2	Modern time characterizes	A. Labourious B. Technological C. happiness D. Spiritual
3	Man has been utilizing physical education since	A. The first Olympics B. Early modern era C. Birth D. The youth
4	Physical education creates _____ between mind and body	A. Weakness B. Separation C. Distinction D. Coordination
5	The word physical is used to describe	A. Physics of a body B. Chemistry of a body C. Weight of a body D. Movement of a body
6	Exercising is important for	A. Children B. Senior citizens C. Every one D. Youth
7	A player is an ambassador of	A. Trade B. Government C. Peace D. Politics
8	Physical education is a _____ part of the learning process	A. Not important B. Compulsory C. Normal D. Minimum
9	In modern society crime attracts	A. Children B. Senior citizen C. Youth D. Educated people
10	Physical education is a complete area of teaching. This is a process which improves bodily, mental, emotional and social aspects of a person. This is said by	A. Charles Butcher B. J.B. Nash C. John Dewey D. Mr. Sherman
11	Physical education builds	A. Anger B. Revenge C. Fear D. Cooperation
12	Physical education is used to _____ constructive habits	A. Decrease B. Develop C. Maintain D. Provide
13	In this modern era how does man spend his time	A. In physical struggle B. In sedentary C. In poverty D. intelligently
14	Physical education is considered both as science and	A. Profession B. Career C. Politics D. Art

15	Who has said "A strong Muslim is better than a weak muslim"	<p style="color: green; font-size: 20pt; line-height: 107%; font-family: 'Arial', 'sans-serif'; margin: 0;">&lt;p class="MsoNormal"&gt;&lt;span style="font-size: 24.0pt; line-height: 107%; font-family: 'Arial', 'sans-serif';"&gt;&lt;o:p&gt;&lt;/o:p&gt;&lt;/span&gt;&lt;/p&gt;</p> <p>B. Sahaba e karam C. Tabaine D. Oliya karam</p>
16	The statement "Physical education is related to muscular exercises and its effects" is said by which expert	<p style="color: green;">A. J.B. Nash B. Charles Butcher C. John Dewey D. Rosaland Cassidy</p>
17	Practising physical education improves	<p>A. Habits B. Natural ability C. Envy D. Wishes</p>