

## Human Health

Sr	Questions	Answers Choice
1	one gram of fast gives energy	A. 9 kcal  B. 18 kcal  C. 27 kcal  D. 39 kcal
2	The amount of envery gained from one gram of fats is.	A. 9.3 K cal B. 18 Kcal C. 27 Kcal D. 36 Kcal
3	The deficiency of vitamin D causes	A. Scurvy  B. T.B C. Rickets  D. Anemia
4	It is called master glands	A. Pituitary gland  B. Thyroid gland C. Adrenal gland  D. Gonads
5	The deficiency of iodine cause thyroid to increase in size than normal and result disease.	A. Tetanus B. Plauge C. Goiter D. Heart Disease
6	The food component in body which is needed in fraction only & nbsp	A. Carbohydrate  B. Protein  C. Vitamins  D. Fast
7	gland is also known as Master gland.	A. Thyroid gland B. Pituitary gland C. Adrenal gland D. Gonads
8	Scratches on the body after kitten's bite result in disease.	A. Rabies B. Cancer C. Burn D. Paralysed
9	The primary sex organs are called	A. Tissues  B. Testes  C. ovaries  D. Gonads
10	The unit of food energy	A. Joule B. Newton meter C. Diopter D. calorie
11	acts as a lubricant int he joints and other internal body organs.	A. Minerals B. Salts C. Water D. Food
12	Insulin is secreted from this gland	A. Adrenal gland  B. Pancreases  C. Thyroid gland  D. Pituitary gland
13	Water makes almost of human body	A. 80% of human body B. 90% of human body C. 60% of human body D. 30% of human body
14	chemical messangers secreted by the glands and transported through the blood are called a	A. Fats B. Vitamin C. Hormones D. Glands
15	The disease which is caused in children due to vitamin D deficiency is.	A. Scurvy B. T.B C. Rickets D. Anaemia

16	The compound which is required in very small amonut is.	A. Carbohydrate B. Protein C. Fats D. Vitamins
17	The stage spans over the first two years in the life of every human being is known as.	A. Adolescence B. Infancy C. Childhood D. Pre maturity
18	Deficiency ofslows down the blood clotting mechanism.	A. Vitamin A B. Vitamin D C. Vitamin E D. Vitamin K
19	All the proteins are madw up of differnet types of amino acids.	A. Twenty B. <sub>Thirty</sub> C. Forty D. Sixty
20	Tests are responsible for the development of male sex while. responsible for the development for female sex.	A. Pancreas B. Ovary C. Gonads D. Adrenal gland