

Human Health

Sr	Questions	Answers Choice
1	The compound which is required in very small amount is.	A. Carbohydrate B. Protein C. Fats D. Vitamins
2	Deficiency ofslows down the blood clotting mechanism.	A. Vitamin A B. Vitamin D C. Vitamin E D. Vitamin K
3	Cucumber contains...../100 gm calories in it.	A. 14 kC B. 5 Kc C. 65 kC D. 99 kC
4	_____ is a long soft leaf like organ present in below the stomach.	A. Ovary B. Gonad C. Testes D. Pancreas
5	The stage spans over the first two years in the life of every human being is known as.	A. Adolescence B. Infancy C. Childhood D. Pre maturity
6	Deficiency of iodine causes	A. goiter nbsp; B. night blindness nbsp; C. malaria nbsp; D. cough nbsp;
7	It gives resistance against diseases	A. Hormones B. Vitamins C. Fast D. Antibodies
8	The primary and cheapest source of energy for the cell:	A. Proteins nbsp; B. Carbohydrates nbsp; C. Vitamins nbsp; D. Fast nbsp;
9	The hormone which controls involuntary action of body is	A. Thyroxin B. Epinephrine C. Adrenal D. Insulin
10	The building blocks of protein	A. Fatty acid B. Antibodies C. Enzymes D. Amino acids
11	Deficiency of this vitamin leads to deficiency of blood	A. B1 B. B2 C. B6 D. B12
12	Thyroid gland increases in size because of	A. Deficiency of iodine nbsp; B. Deficiency of fluorides nbsp; C. Deficiency of iron nbsp; D. Deficiency of calcium nbsp;
13	The deficiency of vitamin D causes	A. Scurvy nbsp; B. T.B C. Rickets nbsp; D. Anemia nbsp;
14	The disease which is caused in children due to vitamin D deficiency is.	A. Scurvy B. T.B C. Rickets D. Anaemia
15	The disease caused by deficiency of iodine is.	A. Night blind B. Cough C. Goiter D. Malaria

16	It is called master glands	A. Pituitary gland B. Thyroid gland C. Adrenal gland D. Gonads
17	one gram of fat gives energy	A. 9 kcal B. 18 kcal C. 27 kcal D. 39 kcal
18	Testes are responsible for the development of male sex while. responsible for the development for female sex.	A. Pancreas B. Ovary C. Gonads D. Adrenal gland
19	Scratches on the body after kitten's bite result in disease.	A. Rabies B. Cancer C. Burn D. Paralyzed
20	Water makes almost of human body	A. 80% of human body B. 90% of human body C. 60% of human body D. 30% of human body