

Human Health

Sr	Questions	Answers Choice
1	Insulin is secreted from this glands	A. Adrenal gland B. Pancreases C. Thyroid gland D. Pituitary gland
2	The stage spans over the first two years in the life of every human being is known as.	A. Adolescence B. Infancy C. Childhood D. Pre maturity
3	The deficiency of vitamin D causes	A. Scurvy nbsp;nbsp; B. T.B C. Rickets nbsp;nbsp; D. Anemia nbsp;nbsp;
4	The hormone whihc controls invountary action of body is	A. Thyroxin B. Epinephrine C. Adrenal D. Insulin
5	The compound which is required in very small amonut is.	A. Carbohydrate B. Protein C. Fats D. Vitamins
6	_____ gland is also known as Master gland.	A. Thyroid gland B. Pituitary gland C. Adrenal gland D. Gonads
7	it contains all the necessary nutrients of food	A. Milk nbsp;nbsp; B. Fruits C. Wheat nbsp;nbsp; D. Rice
8	The disease which is caused in children due to vitamin D deficiency is.	A. Scurvy B. T.B C. Rickets D. Anaemia
9	one gram of fast gives energy	A. 9 kcal nbsp;nbsp; B. 18 kcal nbsp;nbsp; C. 27 kcal nbsp;nbsp; D. 39 kcal nbsp;nbsp;
10	The primary and cheapest source of energy for the cell:	A. Proteins nbsp;nbsp; B. Carbohydrates nbsp;nbsp; C. Vitamins nbsp;nbsp; D. Fast nbsp;nbsp; ;
11	It is called master glands	A. Pituitary gland nbsp;nbsp; B. Thyroid gland C. Adrenal gland nbsp;nbsp; D. Gonads nbsp;nbsp;
12	Cucumber contains...../100 gm calories in it.	A. 14 kC B. 5 Kc C. 65 kC D. 99 kC
13	The disease caused by deficiency of iodine is.	A. Night blind B. Cough C. Goiter D. Malaria
14	The deficiency of iodine cause thyroid to increase in size than normal and result..... disease.	A. Tetanus B. Plauge C. Goiter D. Heart Disease
15	Scratches on the body after kitten's bite result in disease.	A. Rabies B. Cancer C. Burn D. Paralyised

16	_____ are formed by the chemical combinatiin of fatty acid with glycerol	A. Carbohydrates B. Lipids C. Proteins D. Glucose
17	Thyroid gland increases in size because of	A. Deficiency of iodine nbsp; B. Deficiency of fluorides nbsp; C. Deficiency of iron nbsp; D. Deficiency of calcium nbsp;
18	The food component in body which is needed in fraction only nbsp;	A. Carbohydrate nbsp; B. Protein nbsp; C. Vitamins nbsp; D. Fast nbsp;
19	All the proteins are madw up of..... differnet types of amino acids.	A. Twenty B. _{Thirty} C. Forty D. Sixty
20	Deficiency ofslows down the blood clotting mechanism.	A. Vitamin A B. Vitamin D C. Vitamin E D. Vitamin K
