

General Science 6th Class English Medium Chapter 3 Online Test

Sr	Questions	Answers Choice
1	Edible oils are the fats which are... at room temperature.	A. Solid B. Liquid C. Gas D. None of these
2	Beriberi is due lack of.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
3	Balanced diet for a person depends upon	A. age B. Job C. Health condition D. All of these
4	Nutrients required is very small quantities.	A. Carbohydrates B. Protein C. Lipids D. Vitamin
5	Source of Vitamin A	A. Table salt B. Carrot C. Mustard oil D. Sugar
6	Balanced diet for an infant is	A. Fruit B. Milk C. Vegetable D. egg
7	Which vitamin makes the bones strong.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
8	Vegetable oils are included in the food group	A. Carbohydrates B. Protein C. Fats D. Vitamin
9	On digestion, protein is converted into.	A. Carbon B. Hydrogen C. Amino acid D. Oxygen
10	Enzyme and antibodies are.	A. Carbohydrate B. Protein C. Blood D. Lipids
11	Sugar is	A. Carbohydrate B. Lipids C. Protein D. Vitamin
12	Iron is a	A. Mineral B. Vitamin C. Protein D. Carbohydrates
13	Source of starch	A. egg B. Meat C. Potato D. Fish
14	Nutrients which are quick source of energy.	A. Protein B. lipids C. Carbohydrate D. Vitamin
15	Fish is the parts of	A. Fruit group B. Grains group C. Milk group D. Meat group

16	Food rich in carbohydrates is.	A. Corn oil B. Beef C. Starch D. Egg
17	Growth and repair of the body is function of.	A. Lipids B. Proteins C. Carbohydrate D. Fibers
18	Which food is best for providing fats.	A. Fruits B. Butter C. Vegetables D. Bread
19	Food rich in proteins is	A. Potato B. Fish C. Rice D. Grapes
20	An immediate source of energy for the body is.	A. Chicken B. Mushroom C. Mango D. Meat
