

General Science 6th Class English Medium Chapter 3 Online Test

Sr	Questions	Answers Choice
1	Balanced diet for a person depends upon	A. age B. Job C. Health condition D. All of these
2	Edible oils are the fats which are... at room temperature.	A. Solid B. Liquid C. Gas D. None of these
3	Nutrients required is very small quantities.	A. Carbohydrates B. Protein C. Lipids D. Vitamin
4	Which vitamin makes the bones strong.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
5	Vegetable oils are included in the food group	A. Carbohydrates B. Protein C. Fats D. Vitamin
6	On digestion, protein is converted into.	A. Carbon B. Hydrogen C. Amino acid D. Oxygen
7	Source of starch	A. egg B. Meat C. Potato D. Fish
8	Balanced diet for an infant is	A. Fruit B. Milk C. Vegetable D. egg
9	Nutrients which are quick source of energy.	A. Protein B. lipids C. Carbohydrate D. Vitamin
10	Iron is a	A. Mineral B. Vitamin C. Protein D. Carbohydrates
11	An immediate source of energy for car body is.	A. Chicken B. Mushroom C. Mango D. Meat
12	Which food is best for providing fats.	A. Fruits B. Butter C. Vegetables D. Bread
13	Fish is the parts of	A. Fruit group B. Grains group C. Milk group D. Meat group
14	Sugar is	A. Carbohydrate B. Lipids C. Protein D. Vitamin
15	Food rich in carbohydrates is.	A. Corn oil B. Beef C. Starch D. Egg

16	Food rich is proteins is	A. Potato B. Fish C. Rice D. Grapes
17	Source of Vitamin A	A. Table salt B. Carrot C. Musturd oil D. Sugar
18	Enzyme and antibodies are.	A. Carbohydrate B. Protein C. Blood D. Lipids
19	Growth and repair of the body is function of.	A. Lipids B. Proteins C. Carbohydrate D. Fibers
20	Beriberi is due lake of.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
