

## General Science 6th Class English Medium Chapter 3 Online Test

Sr	Questions	Answers Choice
1	On digestion, protein is converted into.	A. Carbon B. Hydrogen C. Amino acid D. Oxygen
2	Nutrients required is very small quantities.	A. Carbohydrates B. Protein C. Lipids D. Vitamin
3	Sugar is	A. Carbohydrate B. Lipids C. Protein D. Vitamin
4	Vegatable oils are included in the food group	A. Carbohydrates B. Protein C. Fats D. Vitamin
5	Which food is best for providing fats.	A. Fruits B. Butter C. Vegetables D. Bread
6	Source of Vitamin A	A. Table salt B. Carrot C. Musturd oil D. Sugar
7	An immediate source of energy for car body is.	A. Chicken B. Mushroom C. Mango D. Meat
8	Balanced diet for an infant is	A. Fruit B. Milk C. Vegatable D. egg
9	Food rich is proteins is	A. Potato B. Fish C. Rice D. Grapes
10	Beriberi is due lake of.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
11	Which vitamin makes the bones strong.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
12	Growth and repair of the body is function of.	A. Lipids B. Proteins C. Carbohydrate D. Fibers
13	Source of starch	A. egg B. Meat C. Potato D. Fish
14	Iron is a	A. Mineral B. Vitamin C. Protein D. Carbohydrates
15	Nutrients which are quick source of energy.	A. Protein B. lipids C. Carbohydrate D. Vitamin

16	Enzyme and antibodies are.	A. Carbohydrate B. Protein C. Blood D. Lipids
17	Balanced diet for a person depends upon	A. age B. Job C. Health condition D. All of these
18	Fish is the part of	A. Fruit group B. Grains group C. Milk group D. Meat group
19	Edible oils are the fats which are... at room temperature.	A. Solid B. Liquid C. Gas D. None of these
20	Food rich in carbohydrates is.	A. Corn oil B. Beef C. Starch D. Egg